



LIONS CLUB OF WINSLOW

10K ROAD RACE

(Licenced by the UKA)

Sunday 26th February 2023 10:30am



Sponsored by Up & Running



Position	No.	Name	Club/Team	Category	Time
1	175	Andy Inchley	Leighton Buzzard Athletic Club	MV40	35 : 36
2	5	Kevin Tustain	Brackley and District RC	SM	36 : 42
3	125	Andrew Johnson	Unattached	MV40	37 : 16
4	22	Charlie May	Vale Of Aylesbury AC	SM	37 : 30
5	50	Aaron Ward	Vale Of Aylesbury AC	SM	37 : 36
6	41	Jimmy James	Buckingham & Stowe RC	MV40	37 : 37
7	157	Tomasz Samoluk	Unattached	SM	37 : 42
8	158	Michael Pearce	Buckingham & Stowe RC	SM	37 : 52
9	118	Carl Tucker	Buckingham & Stowe RC	SM	38 : 01
10	188	Nicholas Stewart	Buckingham & Stowe RC	SM	38 : 07
11	14	Rachel Cooke	Buckingham & Stowe RC	FV45	38 : 34
12	38	Carl Dalkin	Leighton Buzzard Athletic Club	MV40	38 : 52
13	39	Nigel Sullivan	Burnham Joggers	MV50	39 : 19
14	8	Richard Batchelor	Buckingham & Stowe RC	MV50	39 : 33
15	109	Adam Haylock	Leighton Buzzard Athletic Club	MV40	39 : 40
16	129	Rob Palmer	Bearbrook Running & Triathlon Clu	MV40	39 : 46
17	141	Martin Higgins	Unattached	MV50	39 : 49
18	113	Matthew Thatcher	Unattached	MV40	40 : 02
19	23	Tim Jones	Vale Of Aylesbury AC	MV60	40 : 44

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[Martin Nye 186 High Street Winslow](mailto:martin.nye@186highstreet.co.uk)



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Position	No.	Name	Club/Team	Category	Time
20	174	Thomas Chapman	Buckingham & Stowe RC	SM	40 : 47
21	111	Daniel Carpenter	Buckingham & Stowe RC	MV40	41 : 35
22	72	Jake Hodges	Unattached	SM	41 : 39
23	63	Matt Outram	Buckingham & Stowe RC	MV40	41 : 45
24	20	Ivan Colombo	Buckingham & Stowe RC	MV50	42 : 10
25	186	Alex Penny	Buckingham & Stowe RC	MV40	42 : 16
26	61	Paul Hodgetts	Vale Of Aylesbury AC	MV40	42 : 19
27	203	Dermott Martin	Bearbrook Running & Triathlon Club	MV40	42 : 42
28	62	Christopher Noble	Brackley and District RC	MV50	42 : 44
29	98	Graham Conquest	Buckingham & Stowe RC	MV50	42 : 50
30	29	Christopher Kempton	Maidenhead AC	SM	43 : 00
31	114	Tim Fowler	Unattached	MV50	43 : 07
32	137	Susanna Ghisu	Buckingham & Stowe RC	FV45	43 : 12
33	187	Katherine Stewart	Buckingham & Stowe RC	FV35	43 : 23
34	176	Kevin Brown	Buckingham & Stowe RC	MV40	43 : 30
35	148	Kingsley Nanton	Chiltern Harriers AC	MV50	43 : 59
36	36	Keith Hammond	Unattached	MV60	44 : 09
37	193	David Prady	Buckingham & Stowe RC	SM	44 : 15
38	49	Justin Wetters	Buckingham & Stowe RC	MV50	44 : 17

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39	84	David Alsford	Frome Running Club	MV50	44 : 19
40	93	Jack Bowers	Unattached	SM	44 : 38
41	108	Beverley Hodgson	Buckingham & Stowe RC	FV35	44 : 48
42	177	Alex Shackleton	Buckingham & Stowe RC	SM	44 : 51
43	78	Richard Ruffell	Unattached	MV60	45 : 04
44	9	Hannah Soulsby	Buckingham & Stowe RC	FV35	45 : 12
45	139	Ian Higginson	Bearbrook Running & Triathlon Clu	MV50	45 : 17
46	4	Marcus Maxwell	Unattached	MV50	45 : 25
47	25	Deborah Everingham	Alchester Running Club	FV55	45 : 50
48	166	Andrew Paisley	Unattached	SM	45 : 53
49	6	Trevor Lynch	Vale Of Aylesbury AC	MV50	45 : 55
50	132	Oliver Hook	Unattached	MV40	46 : 00
51	191	Jonathan Rudge	Bearbrook Running & Triathlon Clu	MV40	46 : 08
52	171	Fiona Wise	Unattached	FV35	46 : 17
53	51	Darren Corsby	Unattached	MV50	46 : 18
54	77	Abi Gooch	Redway Runners	FV45	46 : 20
55	52	Mark Young	Unattached	MV40	46 : 28
56	2	Richard Day	Vale Of Aylesbury AC	MV60	46 : 37
57	27	Katy Young	Unattached	FV35	46 : 43

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Position	No.	Name	Club/Team	Category	Time
58	10	Daniel Carter	Buckingham & Stowe RC	MV40	46 : 52
59	168	Sarah Waters	Buckingham & Stowe RC	SF	46 : 55
60	34	Graham Weir	Brackley and District RC	MV40	47 : 07
61	153	Natalie Gomm	Unattached	SF	47 : 11
62	145	Simon Powles	Unattached	MV50	47 : 13
63	144	Joe Peasgood	Unattached	SM	47 : 17
64	1	David Hall	Unattached	MV40	47 : 18
65	30	Tim Smith	Unattached	SM	47 : 26
66	127	Jenny Critchley	Banbury Harriers AC	SF	47 : 33
67	40	Yuichi Yoshinaga	Unattached	MV50	47 : 38
68	146	Ellie Powles	Unattached	SF	47 : 45
69	142	Debbie Morris	Buckingham & Stowe RC	FV45	47 : 45
70	162	Tim Pearce	Marshall Milton Keynes AC	MV50	47 : 48
71	75	Robert Earle	Unattached	MV60	47 : 54
72	131	Jake Derry	Unattached	SM	48 : 25
73	101	Andrew Ashton	Buckingham & Stowe RC	SM	48 : 35
74	86	Ollie Bayliss	Unattached	SM	48 : 35
75	138	Jessica Moll	Buckingham & Stowe RC	SF	48 : 54
76	161	Mark Kleanthous	Marshall Milton Keynes AC	MV60	48 : 58

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Position	No.	Name	Club/Team	Category	Time
77	71	Kevin Tarrier	Leighton Buzzard Triathlon Club	MV50	49 : 00
78	126	Arran Critchley	Bicester AC	MV50	49 : 09
79	206	M Derry	Unattached	SM	49 : 13
80	130	Bianca Derry	Unattached	SF	49 : 27
81	73	Lucy Cuthbert	Vale Of Aylesbury AC	SF	49 : 31
82	95	Andy Dale	Unattached	MV50	49 : 42
83	195	Anna Cuthbert	Vale Of Aylesbury AC	SF	49 : 47
84	107	Andrew Stephenson	Vale Of Aylesbury AC	MV50	49 : 51
85	110	Katie Haylock	Leighton Buzzard Athletic Club	FV35	49 : 56
86	124	Vince Julier	Unattached	MV50	50 : 02
87	192	Lucy Rudge	Bearbrook Running & Triathlon Club	FV45	50 : 04
88	135	Wayne Gibbard	Unattached	MV40	50 : 10
89	133	Sally Taylor	Unattached	FV45	50 : 16
90	205	Emily Davis	Bicester AC	FV35	50 : 31
91	18	Sharon Alice Maisey	Vale Of Aylesbury AC	FV45	50 : 40
92	151	Piers Ratcliffe	Unattached	SM	50 : 46
93	64	Paul Innell	Unattached	MV50	50 : 59
94	55	Ashley Lamb	Unattached	FV35	51 : 05
95	82	Alan Dadswell	Unattached	MV60	51 : 34

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96	54	Steve Wright	Unattached	MV40	51 : 41
97	87	Charlie Robinson	Unattached	SF	51 : 44
98	119	Steve Welfare	Unattached	MV50	51 : 45
99	167	Lucy Field	Unattached	SF	51 : 59
100	21	Neil Pasmore	Buckingham & Stowe RC	MV40	51 : 59
101	35	Chris Hitchen	Unattached	MV50	52 : 21
102	178	Alexandra Skinner	Unattached	FV35	52 : 22
103	194	Duncan Moll	Buckingham & Stowe RC	MV50	52 : 23
104	150	Ian Icton	Buckingham & Stowe RC	MV50	52 : 23
105	159	Paul Gaynard	Unattached	MV50	52 : 29
106	170	Ben Hennesey	Winslow Warriors	MV40	52 : 44
107	47	Hayley Sheppard	Bearbrook Running & Triathlon Clu	FV45	52 : 46
108	103	Ashley Baverstock	Unattached	MV40	52 : 53
109	83	James Gibbins	Unattached	SM	52 : 03
110	3	Claire Maynard	Lonely Goat RC	FV45	52 : 06
111	76	W Firth	Unattached	MV60	53 : 13
112	202	Ian Ayris	Unattached	MV40	53 : 15
113	91	Robert Constable	Unattached	SM	53 : 22
114	69	Paul Clark	Unattached	SM	53 : 22

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115	106	Matt Ashmead	Vegan Runners UK	MV50	53 : 23
116	122	Peter Reynolds	Buckingham & Stowe RC	MV50	53 : 24
117	180	Carol Matthews	Buckingham & Stowe RC	FV55	53 : 28
118	196	Chris Usher	Buckingham & Stowe RC	MV60	53 : 28
119	48	Remy Dubois	Unattached	MV40	53 : 29
120	155	Charlotte Curtis	Unattached	FV35	53 : 38
121	16	Sonya McVeigh	Buckingham & Stowe RC	FV45	53 : 41
122	30	Tim Smith	Unattached	SM	53 : 50
123	81	Jeremy Bloss	Buckingham & Stowe RC	MV50	53 : 51
124	143	Wendy Cissell	Buckingham & Stowe RC	FV45	53 : 54
125	79	John Highmore	Unattached	MV50	54 : 55
126	32	Emma Haynes	Unattached	SF	54 : 07
127	197	Chris Brown	Unattached	MV60	54 : 14
128	147	Sara Evening	Unattached	SF	54 : 14
129	152	Alex Ridout	Buckingham & Stowe RC	MV40	54 : 18
130	183	Charlie Richardson	Unattached	SM	55 : 22
131	182	Colin Richardson	Unattached	MV40	55 : 22
132	199	George Nichols	Unattached	MV40	55 : 00
133	11	Karen Herring	Unattached	FV35	55 : 05

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Position	No.	Name	Club/Team	Category	Time
134	201	Derek Gilder	Unattached	MV40	55 : 05
135	102	Mark Barrett	Unattached	MV40	55 : 09
136	96	Annabelle Beale	Unattached	SF	55 : 09
137	210	Aaron Coleha-Coady	Unattached	SM	55 : 10
138	128	Paul Halsey	Unattached	MV50	55 : 15
139	70	Clare Hodges	Leighton Buzzard Triathlon Club	FV55	55 : 17
140	164	Paul Haughtan	Unattached	MV40	55 : 20
141	43	Martha Waterton	Unattached	SF	55 : 40
142	44	Nicholas Waterton	Unattached	SM	56 : 40
143	7	Jamie Wheway	Buckingham & Stowe RC	MV50	56 : 53
144	65	Annika Lucas	Alchester Running Club	FV45	56 : 00
145	13	Jennifer Nicol	Unattached	FV35	56 : 04
146	12	Simon Nicol	Unattached	MV40	56 : 04
147	17	Hannah McVeigh	Unattached	SF	56 : 15
148	33	Claire Prince	Unattached	FV45	56 : 28
149	80	Paul Baker	Unattached	MV40	57 : 52
150	46	Suzie Walton	Unattached	FV35	57 : 57
151	45	Kyle Wilks	Unattached	SM	57 : 01
152	24	Darren Stanger	Buckingham & Stowe RC	MV40	57 : 22

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153	42	Sarah Morley	Alchester Running Club	FV35	57 : 28
154	15	Steve Thorne	Buckingham & Stowe RC	MV60	57 : 33
155	100	Victoria Lea-Holton	Unattached	SF	58 : 43
156	81	Jeremy Bloss	Buckingham & Stowe RC	MV50	58 : 45
157	99	Martin Rowlinson	Unattached	MV50	58 : 32
158	208	Tim Scurlock	Unattached	MV50	58 : 39
159	97	Darren Beale	Unattached	MV50	58 : 43
160	88	Gary Hedges	Redway Runners	MV50	59 : 32
161	190	Brian Fahy	Unattached	MV50	59 : 56
162	204	Gabrielle Maitland-Jones	Unattached	FV35	60 : 13
163	120	Sheryne Shillingford-Reed	Buckingham & Stowe RC	FV35	60 : 18
164	117	Perry Mercer	Unattached	MV50	60 : 39
165	160	Clare Kleanthous	Leighton Fun Runners	FV55	60 : 42
166	185	Donal Goldrick	Unattached	MV50	60 : 44
167	58	Hayley Parkinson	Unattached	FV35	60 : 53
168	28	Neil Muir	Maidenhead AC	MV50	60 : 53
169	207	Laura Allen	Unattached	FV35	60 : 57
170	26	Tamsin Xerxes	Unattached	FV35	60 : 57
171	60	Ryan Stevens	Unattached	SM	61 : 15

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172	163	John Gunn	Unattached	MV50	61 : 19
173	85	Amy Holmes	Unattached	FV35	61 : 40
174	198	Lucy Nichols	Unattached	FV35	61 : 41
175	105	Sarah Ashmead	Vegan Runners UK	FV55	61 : 49
176	92	Ruth Dale	Unattached	FV45	62 : 02
177	57	Rebekah Vickers	Unattached	FV35	64 : 04
178	115	Charlotte Tomlin	Unattached	SF	64 : 25
179	56	Rachel Whitehall	Unattached	FV35	65 : 27
180	173	Antoni Fruncillo	Unattached	SM	65 : 55
181	172	Hayley Mallen	Unattached	SF	65 : 55
182	140	Irena Rowlinson	Unattached	SF	66 : 09
183	169	Rachel Mellick	Unattached	FV35	67 : 05
184	94	Lena Gazzani	Unattached	FV55	67 : 09
185	179	Maggie Hogg	Buckingham & Stowe RC	FV55	68 : 02
186	37	Sharon Hammond	Unattached	FV55	68 : 12
187	89	Yasmin Marsden	Unattached	SF	68 : 42
188	90	Ashley Finch	Unattached	SM	68 : 42
189	184	Emily Willson	Unattached	SF	69 : 10
190	200	Sophia Stevens	Unattached	SF	69 : 10

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191	67	Laura Radcliffe	Unattached	FV45	69 : 32
192	121	Alison Griffiths	Unattached	FV45	70 : 32
193	104	Susan Baverstock	Unattached	FV55	70 : 49
194	66	Joanne Fullwood	Unattached	FV35	72 : 37
195	136	Charles Radclyffe	Unattached	SM	74 : 24
196	112	Louise Lee	Lonely Goat RC	FV45	74 : 32
197	209	Austin Walters	Unattached	SM	74 : 32
198	189	Lucas Hughes	Unattached	SM	78 : 12
199	156	Katie Corbett	Unattached	SF	91 : 51