



LIONS CLUB OF WINSLOW

10K ROAD RACE

(Licenced by the UKA)

Sunday 25th February 2024 10:30am



Sponsored by Up & Running



Position	No.	Name	Club/Team	Category	Time
1	212	James Davis	Vale Of Aylesbury AC	SM	34 : 45
2	222	Cameron Weir	Abingdon AC	SM	35 : 25
3	82	Andrew Johnson	Unattached	MV40	35 : 43
4	116	Michael Pearce	Buckingham & Stowe RC	MV40	35 : 54
5	233	Steven Dowse	Skegness & District Running Club	SM	36 : 07
6	244	Piers Vallance	Redway Runners	MV40	36 : 17
7	12	Tom Baker	Eynsham Road Runners	SM	36 : 27
8	7	Kevin Tustain	Buckingham & Stowe RC	SM	36 : 38
9	254	Sam Wright	Marshall Milton Keynes AC	SM	37 : 01
10	177	Carl Tucker	Buckingham & Stowe RC	SM	37 : 34
11	70	Tomasz Samoluk	Unattached	SM	38 : 03
12	204	Marc Burne	Dacorum Athletic Club	MV40	38 : 10
13	96	Robert Storey	Eynsham Road Runners	MV50	38 : 13
14	166	Matthew Thatcher	Unattached	MV40	38 : 15
15	106	Alan Scott	Clapham Chasers	MV40	38 : 20
16	133	Nigel Sullivan	Burnham Joggers	MV50	38 : 27
17	66	Richard Batchelor	Buckingham & Stowe RC	MV50	38 : 43
18	117	Tom Ellerton	Leighton Buzzard Athletic Club	SM	38 : 56
19	87	James Darcy	Buckingham & Stowe RC	MV50	39 : 05
20	14	Dafydd Warburton	Eynsham Road Runners	MV40	39 : 35
21	119	Alex Penny	Buckingham & Stowe RC	MV40	39 : 45
22	94	David Hemprich-Bennett	Eynsham Road Runners	SM	39 : 58
23	249	Alice Rolfe	Vale Of Aylesbury AC	SF	40 : 06
24	256	Robert Constable	Unattached	SM	40 : 07
25	121	Stephanie Giles	Alchester Running Club	SF	40 : 17
26	95	Daniel Carpenter	Buckingham & Stowe RC	MV40	40 : 29
27	122	Jonathan White	Alchester Running Club	MV40	40 : 33
28	203	Ben Tweed	Buckingham & Stowe RC	SM	40 : 52
29	150	Richard Hume	Eynsham Road Runners	MV50	41 : 13
30	81	Edwina Colclough	Alchester Running Club	FV35	41 : 27
31	16	Wendy Clark	Buckingham & Stowe RC	FV35	42 : 06
32	123	Helen Mulhall	Bearbrook Running & Triathlon Clu	FV45	42 : 34
33	68	Dermot Martin	Bearbrook Running & Triathlon Clu	MV40	42 : 34
34	97	Ben Breaker	Eynsham Road Runners	MV40	42 : 38
35	169	Graham Conquest	Buckingham & Stowe RC	MV50	42 : 43
36	6	Tristan Clarke	Alchester Running Club	MV40	43 : 00
37	13	Xavier Laurent	Eynsham Road Runners	MV50	43 : 03
38	44	Graham Bridges	Eynsham Road Runners	MV50	43 : 09
39	220	Jon Forbes	Buckingham & Stowe RC	MV40	43 : 12
40	120	Ivan Colombo	Buckingham & Stowe RC	MV50	43 : 21
41	197	Ben Riley	Vale Of Aylesbury AC	SM	43 : 28
42	258	0		V60	43 : 32
43	126	Peter Reynolds	Buckingham & Stowe RC	MV50	43 : 41
44	180	Stephen Parsons	Vale Of Aylesbury AC	MV50	43 : 49
45	55	Marcus Maxwell	Vale Of Aylesbury AC	MV50	43 : 58
46	110	David Hall	Unattached	MV40	44 : 21
47	178	Sarah Pearse	Vale Of Aylesbury AC	FV35	44 : 30
48	164	Pete Grosse	Unattached	MV40	44 : 31
49	8	Simon Walker	Eynsham Road Runners	MV50	44 : 35
50	156	Angus Derry	Unattached	SM	44 : 37
51	264	Dan Amsbury	Bearbrook Running & Triathlon Clu	MV40	44 : 38

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Position	No.	Name	Club/Team	Category	Time
52	160	Mark Kleanthous	Leighton Fun Runners	MV60	44 : 44
53	175	David Crown	Unattached	MV50	44 : 46
54	47	Stuart Walford	Alcester Running Club	MV40	44 : 55
55	211	Timothy Smith	Unattached	SM	44 : 58
56	1	Simon Nicol	Buckingham & Stowe RC	MV40	45 : 03
57					45 : 05
58	109	Richard Barcock	Kenilworth Runners	MV50	45 : 14
59	218	Sarah Waters	Buckingham & Stowe RC	SF	45 : 18
60	84	Tim Pearce	Marshall Milton Keynes AC	MV50	45 : 30
61	88	Keith Hammond	Unattached	MV60	45 : 41
62	78	Toby Goss	Eynsham Road Runners	SM	45 : 45
63	179	Fiona Wise	Unattached	FV35	45 : 46
64	210	Martin Hopcroft	Tring RC	MV60	45 : 49
65	245	Claire Vallance	Unattached	FV45	45 : 51
66	33	Robby Taylor	Buckingham & Stowe RC	SM	45 : 54
67	100	Simon Powles	Buckingham & Stowe RC	MV50	45 : 57
68	4	Alan Roberts	Vale Of Aylesbury AC	MV50	46 : 10
69	255	Oli Wright	Unattached	MV50	46 : 35
70	154	Jake Derry	Unattached	SM	46 : 46
71	202	Sarah Davis	Higham Harriers	FV55	47 : 07
72	138	David Griffiths-Allen	Brackley and District RC	MV50	47 : 12
73	215	Tanya Cronin	Buckingham & Stowe RC	SF	47 : 26
74	174	Nicola Crookes	Brackley and District RC	FV45	47 : 29
75	3	Declan Robinson	Alcester Running Club	MV50	47 : 44
76	114	Daisy Goldhagen	Vale Of Aylesbury AC	SF	47 : 46
77	171	Ian Ayris	Unattached	MV40	47 : 54
78	248	Katy Young	Unattached	FV35	48 : 06
79	59	Nicola Lawrence	Alcester Running Club	FV35	48 : 29
80	172	Daniel Carter	Buckingham & Stowe RC	MV40	48 : 30
81	98	Laura Penny	Buckingham & Stowe RC	FV35	48 : 34
82	89	Justin Byworth	Eynsham Road Runners	MV50	48 : 48
83	252	Paul Baker	Unattached	MV40	48 : 53
84	216	Adrian Weeks	Alcester Running Club	MV40	48 : 56
85	65	Matthew Pedlow	Unattached	MV40	48 : 49
86	165	Andy Dale	Unattached	MV50	49 : 01
87	240	Max Derry	Unattached	SM	49 : 05
88	145	Yuichi Yoshinaga	Buckingham & Stowe RC	MV50	49 : 15
89	230	Ollie Bayliss	Unattached	SM	49 : 16
90	37	Daniel Buttress	Alcester Running Club	MV40	49 : 24
91	168	Debbie Morris	Buckingham & Stowe RC	FV55	49 : 30
92	21	Rosamond Hall	Eynsham Road Runners	FV55	49 : 37
93	193	Sally Taylor	Unattached	FV45	49 : 39
94	42	Jane Garton	Eynsham Road Runners	FV45	49 : 49
95	214	David Taylor	Unattached	SM	49 : 51
96	51	Emma Rundall-Hadley	Alcester Running Club	FV35	49 : 54
97	52	Laura Rundall-Hadley	Alcester Running Club	FV35	49 : 57
98	115	Penelope Herbert	Alcester Running Club	FV55	50 : 05
99	43	Katherine Bates	Eynsham Road Runners	FV55	50 : 25
100	50	Gary Sparkes	Bearbrook Running & Triathlon Clu	MV50	50 : 41
101	61	Abi Lambourne	Unattached	SF	50 : 46
102	49	Alexandra Skinner	Unattached	FV35	51 : 03

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Position	No.	Name	Club/Team	Category	Time
103	113	Victoria Broadbent	Unattached	FV35	51 : 04
104	229	Lorna Reynolds	Buckingham & Stowe RC	FV45	51 : 05
105	99	Marc Keinch	Unattached	SM	51 : 06
106	141	Steve Welfare	Alchester Running Club	MV50	51 : 10
107	17	James Parkinson	Unattached	MV40	51 : 35
108	176	Ian Painter	Unattached	MV50	51 : 44
109	262	Jonty Enslin	Unattached	SM	51 : 53
110	259	Charlie Richardson	Unattached	SM	52 : 04
111	260	Colin Richardson	Unattached	MV40	52 : 04
112	41	Lucy Cuthbert	Vale Of Aylesbury AC	SF	52 : 12
113	93	Wendy Cissell	Buckingham & Stowe RC	FV45	52 : 17
114	128	Chris Seddon	Unattached	MV50	52 : 22
115	182	Alex Icton	Unattached	SM	52 : 36
116	112	Mary de Frates	Brackley and District RC	FV35	52 : 36
117	192	Howard Humphris	Eynsham Road Runners	MV60	52 : 55
118	189	Lucy Ward	Unattached	FV45	52 : 58
119	247	Katherine Earley	Alchester Running Club	FV45	53 : 17
120	234	Rebecca Atkinson	Skegness & District Running Club	FV35	53 : 22
121	77	Ian Icton	Buckingham & Stowe RC	MV50	53 : 40
122	246	Paul Gaynard	Unattached	MV50	53 : 44
123	199	Sarah Waters	Unattached	FV45	53 : 46
124	257	Robin McGrath	Unattached	SM	53 : 55
125	134	Cath Roberts	Unattached	FV45	53 : 56
126	158	Steve Manser	Unattached	MV50	53 : 59
127	155	Bianca Derry	Unattached	SF	54 : 06
128	232	Steven Medler	Buckingham & Stowe RC	MV40	54 : 08
129	151	James Gibbins	Unattached	SM	54 : 17
130	148	Sonya McVeigh	Buckingham & Stowe RC	FV45	54 : 18
131	242	Mark Firth	Redway Runners	MV40	54 : 21
132	105	Paul Haughian	Unattached	MV40	54 : 25
133	132	Mel Meader	Unattached	MV40	54 : 39
134	161	Will Firth	Unattached	MV60	54 : 47
135	162	Aislyn Firth	Unattached	SF	54 : 47
136	25	Amanda Williams	Buckingham & Stowe RC	FV45	54 : 48
137	185	Dan Wingrove	Unattached	MV50	54 : 56
138	72	Stephen Jordan	Unattached	MV60	55 : 03
139	28	Rachel Furniss	Unattached	FV35	55 : 05
140	196	Katie Cruse	Unattached	FV45	55 : 06
141	10	Marina Barlow-Oakes	Eynsham Road Runners	FV35	55 : 07
142	36	Kathryn Dally	Eynsham Road Runners	FV55	55 : 19
143	40	Annalisa BÄrrjesson	Unattached	FV45	55 : 32
144	205	John Butler	Stratford Upon Avon AC	MV60	55 : 35
145	124	Adrian Doyle	Unattached	SM	55 : 51
146	111	Lydia Gray	Unattached	SF	55 : 53
147	250	Richard McMahon	Brackley and District RC	MV60	55 : 59
148	2	Jenny Nicol	Buckingham & Stowe RC	FV35	56 : 01
149	73	Tiggy Atkinson	Unattached	FV45	56 : 05
150	91	Richard Jaycock	Unattached	MV40	56 : 09
151	103	Matthew Kitching	Unattached	SM	56 : 13
152	200	Sari Muscroft	Unattached	FV45	56 : 14
153	60	Charlotte Curtis	Unattached	FV35	56 : 18



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Position	No.	Name	Club/Team	Category	Time
154	227	Steve Cornell	Buckingham & Stowe RC	MV60	56 : 23
155	243	Anjai Flynn	Buckingham & Stowe RC	MV40	56 : 33
156	184	Mark Barrett	Unattached	MV40	56 : 38
157	263	Graham Stimpson	Unattached	MV50	56 : 43
158	101	Bryony Leary	Unattached	SF	56 : 51
159	149	Nicola Cowee	Vegan Runners UK	FV45	56 : 56
160	85	Clare Kennedy	Unattached	FV35	57 : 14
161	86	Rachael Avery	Unattached	FV35	57 : 18
162	187	Olivia Bayliss	Alchester Running Club	SF	57 : 39
163	74	Lucy Field	Unattached	SF	57 : 47
164	76	Diego Schmider	Unattached	SM	57 : 48
165	221	Ben Hennessey	Unattached	MV40	57 : 55
166	186	Hayley Sheppard	Bearbrook Running & Triathlon Club	FV45	57 : 55
167	153	Charlie May	Vale Of Aylesbury AC	SM	57 : 57
168	140	Alexandra Ridout	Unattached	FV45	58 : 11
169	125	Sarah Bradford	Buckingham & Stowe RC	FV55	58 : 21
170	269	Ricky Creek	Unattached	SM	58 : 46
171	20	Michelle Goodwin	Unattached	FV45	58 : 50
172	152	Alison Morris	Unattached	FV55	58 : 51
173	137	Sue Fish	Unattached	FV35	58 : 54
174	92	Ursula Downs	Unattached	FV55	59 : 06
175	225	Katherine Bower	Brackley and District RC	SF	59 : 12
176	265	Victoria Stanway	Alchester Running Club	FV45	59 : 21
177	130	Elizabeth Daniel	Tring RC	FV55	59 : 25
178	107	Penny Abernethy	Unattached	SF	59 : 35
179	135	Cathy Court	Unattached	FV55	59 : 36
180	201	Julie Smith	Unattached	FV55	59 : 36
181	58	Thomas Chettle	Unattached	SM	59 : 45
182	147	Hayley Marshall	Unattached	FV35	59 : 55
183	206	Mayra Fernandez	Unattached	FV35	60 : 24
184	183	Brandon Ndwiga	Unattached	SM	60 : 25
185	261	Laura Allen	Unattached	FV35	60 : 38
186	22	Stephen Sangar	Alchester Running Club	MV50	61 : 17
187	159	Clare Kleanthous	Leighton Fun Runners	FV55	61 : 33
188	108	Stephen Thorne	Buckingham & Stowe RC	MV60	61 : 41
189	207	Lea Saxton	Unattached	SF	61 : 43
190	167	Ruth Dale	Unattached	FV45	61 : 44
191	198	Sarah Morley	Alchester Running Club	FV35	61 : 58
192	79	Tony Allen	Unattached	MV60	62 : 34
193	63	Richard Morgan	Unattached	MV40	62 : 59
194	64	Sarah Morgan	Unattached	FV35	62 : 59
195	143	Jessica McGowan	Unattached	SF	63 : 10
196	129	Paula Seddon	Unattached	FV45	63 : 14
197	104	Tina Derry	Unattached	FV55	63 : 17
198	190	Luca Bainbridge	Unattached	SM	63 : 21
199	213	Jane Rymell	Brackley and District RC	FV55	63 : 33
200	267	Paige McLaughlin	Unattached	SF	64 : 02
201	266	Adam Harvey	Unattached	SM	64 : 02
202	90	Cecilia Grace	Unattached	FV35	64 : 08
203	241	John Gunn	Unattached	MV50	64 : 25
204	146	Heather Haydock	Buckingham & Stowe RC	FV55	65 : 04



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Position	No.	Name	Club/Team	Category	Time	
205	253	0	0	V60	65 : 13	
206	131	Emma	Butler	Unattached	FV45	65 : 52
207	209	Jonathan	Higham	Unattached	MV60	65 : 53
208	217	Charlotte	Tomlin	Unattached	SF	66 : 27
209	268	Richard	Brown	Unattached	SM	66 : 36
210	144	Kerry	Dolz	Buckingham & Stowe RC	FV35	66 : 59
211	228	Jacqueline	Brett	Unattached	FV55	67 : 14
212	226	Maggie	Hogg	Unattached	FV55	67 : 44
213	11	Nigel	Lambert	Alchester Running Club	MV60	68 : 10
214	9	Ryan	Stevens	Unattached	SM	68 : 43
215	127	Michelle	Langan	Unattached	MV40	68 : 51
216	39	Rachel	Whitehall	Unattached	FV35	68 : 53
217	26	Stephen	Berry	Unattached	MV60	69 : 31
218	54	Hazel	Allen	Buckingham & Stowe RC	FV55	70 : 47
219	38	Sue	Askham	Lonely Goat RC	FV55	70 : 51
220	231	Aaron	Coelho-Coady	Unattached	SM	71 : 00
221	19	Sarah	Hockley	On the Run Aylesbury	FV35	71 : 19
222	139	David	Lee	Unattached	MV60	72 : 45
223	191	Luliia	Mykhailova	Unattached	FV45	73 : 16
224	224	Emma	Todd	Unattached	SF	74 : 55
225	223	Helder	Coelho	Unattached	SM	74 : 55
226	163	Georgie	Norman	Unattached	SF	83 : 23
227	56	Buledy Stephen	Sangwa	Unattached	MV40	83 : 40
228	251	Sandhya	Ganesh	Unattached	FV35	90 : 58