



# LIONS CLUB OF WINSLOW

## 10K ROAD RACE

(Licenced by the UKA)

Sunday 22nd February 2026 10:30am



aylesbury.upandrunning.co.uk

Sponsored by Up & Running



| Position | No. | Name                     | Club/Team                      | Category | Time    |
|----------|-----|--------------------------|--------------------------------|----------|---------|
| 1        | 107 | Sam Sutherland           | Queen's Park Harriers          | MV40     | 36 : 25 |
| 2        | 166 | Sam Dear                 | Leighton Buzzard Athletic Club | SM       | 36 : 45 |
| 3        | 70  | Michael Pearce           | Buckingham & Stowe RC          | MV40     | 38 : 21 |
| 4        | 210 | Conor Richardson         | Vale Of Aylesbury AC           | SM       | 38 : 42 |
| 5        | 191 | Bob Dickinson            | Leighton Buzzard Athletic Club | MV40     | 38 : 43 |
| 6        | 15  | Vince Julier             | Buckingham & Stowe RC          | MV50     | 39 : 00 |
| 7        | 160 | Carl Dalkin              | Leighton Buzzard Athletic Club | MV50     | 39 : 18 |
| 8        | 145 | Johanna Dear             | Leighton Buzzard Athletic Club | SF       | 39 : 38 |
| 9        | 143 | Tomasz Samoluk           | 0                              | MV40     | 40 : 04 |
| 10       | 139 | Jack Sloan               | 0                              | SM       | 40 : 14 |
| 11       | 81  | William Daniels          | Buckingham & Stowe RC          | SM       | 40 : 25 |
| 12       | 185 | Matt Nichols             | 0                              | SM       | 40 : 31 |
| 13       | 149 | William Duckworth        | 0                              | SM       | 40 : 42 |
| 14       | 182 | Jonathan Pickering       | Hinckley Running Club          | MV40     | 40 : 54 |
| 15       | 66  | James Darcy              | Buckingham & Stowe RC          | MV60     | 41 : 13 |
| 16       | 188 | Adam Woodage             | 0                              | SM       | 41 : 22 |
| 17       | 173 | Patrick Carey            | Gade Valley Harriers           | MV50     | 41 : 33 |
| 18       | 121 | Ivan Colombo             | 0                              | MV50     | 41 : 38 |
| 19       | 156 | Alister Thorne           | 0                              | SM       | 41 : 41 |
| 20       | 28  | Wendy Clark              | Buckingham & Stowe RC          | FV45     | 42 : 03 |
| 21       | 125 | David Hall               | 0                              | MV40     | 42 : 41 |
| 22       | 9   | John Rowland             | Eynsham Road Runners           | MV60     | 43 : 44 |
| 23       | 103 | Jack Bowers              | 0                              | SM       | 43 : 47 |
| 24       | 41  | Edwina Colclough         | Alchester Running Club         | FV45     | 43 : 55 |
| 25       | 20  | David Lee                | Buckingham & Stowe RC          | SM       | 43 : 57 |
| 26       | 23  | Laura Leach              | Eynsham Road Runners           | FV35     | 44 : 00 |
| 27       | 73  | Anthony Marulanda-Carter | Buckingham & Stowe RC          | SM       | 44 : 13 |
| 28       | 142 | Jonathan Forbes          | Buckingham & Stowe RC          | MV40     | 44 : 17 |
| 29       | 196 | Adam Haylock             | 0                              | MV40     | 44 : 26 |
| 30       | 16  | Christopher Noble        | 0                              | MV60     | 44 : 30 |
| 31       | 113 | Michael Spencer          | Silson AC                      | MV60     | 44 : 39 |
| 32       | 153 | Silas Moore              | 0                              | SM       | 44 : 55 |
| 33       | 202 | Emma Hall                | 0                              | FV35     | 45 : 03 |
| 34       | 183 | Jake Sargent             | 0                              | MV50     | 45 : 04 |
| 35       | 19  | David Griffiths-Allen    | Brackley and District RC       | MV50     | 45 : 12 |
| 36       | 22  | Robby Taylor             | Buckingham & Stowe RC          | SM       | 45 : 16 |
| 37       | 124 | Aaron Coelho-Coady       | 0                              | SM       | 45 : 17 |
| 38       | 62  | Peter Reynolds           | Buckingham & Stowe RC          | MV50     | 45 : 24 |
| 39       | 10  | Jeff Woods               | Buckingham & Stowe RC          | MV60     | 45 : 44 |
| 40       | 78  | Tom Wicks                | 0                              | SM       | 45 : 47 |
| 41       | 184 | Kevin Brown              | Buckingham & Stowe RC          | MV50     | 45 : 55 |
| 42       | 47  | Graham Bridges           | Eynsham Road Runners           | MV50     | 45 : 55 |
| 43       | 35  | Keith Hammond            | 0                              | MV60     | 46 : 20 |
| 44       | 134 | Beverley Hodgson         | Buckingham & Stowe RC          | FV45     | 46 : 23 |
| 45       | 51  | Paul Gracey              | Redway Runners                 | MV40     | 46 : 26 |
| 46       | 97  | Stuart Kemp              | 0                              | SM       | 46 : 35 |
| 47       | 90  | Dean Coupar              | 0                              | MV40     | 46 : 51 |
| 48       | 129 | Lee Morgan               | 0                              | MV40     | 47 : 09 |
| 49       | 24  | Ian Ayris                | 0                              | MV50     | 47 : 27 |
| 50       | 190 | Ben Willis               | 0                              | SM       | 47 : 34 |

Results provided by:

Martin Nye 186 High Street Winslow



# LIONS CLUB OF WINSLOW

## 10K ROAD RACE

(Licenced by the UKA)

Sunday 22nd February 2026 10:30am



aylesbury.upandrunning.co.uk

Sponsored by Up & Running



| Position | No. | Name                      | Club/Team                         | Category | Time    |
|----------|-----|---------------------------|-----------------------------------|----------|---------|
| 51       | 150 | Max Derry                 | Silson AC                         | SM       | 47 : 45 |
| 52       | 214 | Daniel Carter             | Buckingham & Stowe RC             | MV40     | 47 : 48 |
| 53       | 155 | Albert Hodgson            | 0                                 | SM       | 47 : 49 |
| 54       | 216 | Ruben Dancer              | 0                                 | SM       | 47 : 59 |
| 55       | 111 | Toby Goss                 | Eynsham Road Runners              | SM       | 48 : 02 |
| 56       | 14  | Justin Byworth            | Eynsham Road Runners              | MV50     | 48 : 08 |
| 57       | 186 | Calum Bailey              | 0                                 | SM       | 48 : 22 |
| 58       | 117 | Nick Hardwick             | Eynsham Road Runners              | MV50     | 48 : 35 |
| 59       | 77  | Jess Wicks                | On the Run Aylesbury and Pitstone | FV35     | 48 : 50 |
| 60       | 43  | David Taylor              | 0                                 | SM       | 48 : 54 |
| 61       | 221 | John Batty                | 0                                 | MV50     | 49 : 01 |
| 62       | 211 | Wayne Gibbard             | 0                                 | MV50     | 49 : 02 |
| 63       | 135 | Sheryne Shillingford-Reed | Buckingham & Stowe RC             | FV45     | 49 : 13 |
| 64       | 42  | Alison Craggs             | Eynsham Road Runners              | FV45     | 49 : 17 |
| 65       | 208 | Katy Young                | 0                                 | FV35     | 49 : 26 |
| 66       | 99  | Jake Derry                | 0                                 | SM       | 49 : 34 |
| 67       | 207 | David Hutley              | 0                                 | SM       | 49 : 38 |
| 68       | 136 | Thomas Langan             | 0                                 | SM       | 49 : 40 |
| 69       | 123 | Andrew Gardner            | Brackley and District RC          | MV40     | 49 : 51 |
| 70       | 5   | Rosamond Hall             | Eynsham Road Runners              | FV55     | 49 : 53 |
| 71       | 21  | Mark Young                | 0                                 | MV40     | 50 : 10 |
| 72       | 26  | Ollie Nash                | 0                                 | SM       | 50 : 25 |
| 73       | 49  | Ollie Johnson             | 0                                 | SM       | 50 : 26 |
| 74       | 64  | Hannah Elliott            | 0                                 | FV35     | 50 : 32 |
| 75       | 53  | Alan Roberts              | Vale Of Aylesbury AC              | MV60     | 50 : 35 |
| 76       | 204 | Alex Vrondis              | 0                                 | SM       | 50 : 39 |
| 77       | 168 | Andy Egan                 | Eynsham Road Runners              | MV60     | 50 : 42 |
| 78       | 2   | Matt Clark                | 0                                 | MV40     | 51 : 04 |
| 79       | 133 | Lewis Clark               | 0                                 | SM       | 51 : 09 |
| 80       | 84  | Cath Roberts              | 0                                 | FV45     | 51 : 21 |
| 81       | 213 | Mark Pickford             | 0                                 | MV40     | 51 : 28 |
| 82       | 38  | Stephen Jordan            | 0                                 | MV60     | 51 : 34 |
| 83       | 82  | Angus Derry               | 0                                 | SM       | 51 : 36 |
| 84       | 179 | Stephen Ellerton          | 0                                 | MV60     | 51 : 40 |
| 85       | 59  | Malcolm Davies            | 0                                 | MV40     | 51 : 53 |
| 86       | 172 | Ron Pears                 | 0                                 | MV50     | 51 : 55 |
| 87       | 154 | Alan Dadswell             | 0                                 | MV60     | 51 : 56 |
| 88       | 69  | John Wilkinson            | 0                                 | MV60     | 52 : 09 |
| 89       | 85  | Nick Roach                | 0                                 | MV40     | 52 : 15 |
| 90       | 132 | Lois Daly                 | 0                                 | SF       | 52 : 16 |
| 91       | 138 | Nicole Wheway             | Buckingham & Stowe RC             | SF       | 52 : 33 |
| 92       | 100 | Jamie Wheway              | Buckingham & Stowe RC             | MV60     | 52 : 33 |
| 93       | 181 | Zac Scurlock              | 0                                 | SM       | 52 : 36 |
| 94       | 215 | Luke Tandoh               | 0                                 | SM       | 52 : 43 |
| 95       | 157 | Hugh Morris               | Eynsham Road Runners              | MV60     | 52 : 44 |
| 96       | 108 | Emma Sutherland           | Queen's Park Harriers             | FV35     | 52 : 46 |
| 97       | 193 | Aimee Bomford             | 0                                 | SF       | 53 : 01 |
| 98       | 54  | Melissa Kent              | 0                                 | SF       | 53 : 04 |
| 99       | 93  | Benjamin Lee              | 0                                 | SM       | 53 : 04 |
| 100      | 161 | Ben Turnbull              | 0                                 | SM       | 53 : 06 |

Results provided by:

Martin Nye 186 High Street Winslow



# LIONS CLUB OF WINSLOW

## 10K ROAD RACE

(Licenced by the UKA)

Sunday 22nd February 2026 10:30am



aylesbury.upandrunning.co.uk

Sponsored by Up & Running



| Position | No. | Name               | Club/Team                         | Category | Time    |
|----------|-----|--------------------|-----------------------------------|----------|---------|
| 101      | 102 | Simon Rogers       | Bearbrook Running & Triathlon Clu | MV50     | 53 : 19 |
| 102      | 187 | Tom Smith          | 0                                 | SM       | 53 : 23 |
| 103      | 46  | Katherine Bates    | Eynsham Road Runners              | FV55     | 53 : 27 |
| 104      | 164 | Sophy Jones        | 0                                 | FV45     | 53 : 33 |
| 105      | 40  | Anna Fryer         | Bearbrook Running & Triathlon Clu | FV45     | 53 : 33 |
| 106      | 148 | Josh Hannam        | 0                                 | SM       | 53 : 35 |
| 107      | 195 | Peter Cross        | Belgrave Harriers                 | MV60     | 53 : 40 |
| 108      | 225 | Tara Hughes        | 0                                 | FV45     | 53 : 40 |
| 109      | 39  | Steve Manser       | Buckingham & Stowe RC             | MV60     | 53 : 45 |
| 110      | 206 | Helder Coelho      | 0                                 | SM       | 54 : 04 |
| 111      | 151 | Matthew Cooper     | 0                                 | MV40     | 54 : 12 |
| 112      | 56  | Dan Wingrove       | 0                                 | MV50     | 54 : 22 |
| 113      | 176 | Charlotte Wright   | 0                                 | FV35     | 54 : 23 |
| 114      | 65  | Lauren Hankers     | 0                                 | FV35     | 54 : 24 |
| 115      | 94  | Mike Smith-Simmons | 0                                 | SM       | 54 : 25 |
| 116      | 95  | Amanda Williams    | Buckingham & Stowe RC             | FV45     | 54 : 41 |
| 117      | 131 | Jonathan Fox       | Buckingham & Stowe RC             | MV50     | 54 : 41 |
| 118      | 180 | JP Erasmus         | 0                                 | SM       | 54 : 42 |
| 119      | 220 | Jennifer Shaw      | 0                                 | FV45     | 54 : 43 |
| 120      | 31  | Sarah Morley       | Alchester Running Club            | FV45     | 54 : 44 |
| 121      | 25  | Ryan Stevens       | 0                                 | SM       | 54 : 52 |
| 122      | 203 | Julie Smith        | 0                                 | FV55     | 54 : 57 |
| 123      | 201 | Alexandra Skinner  | 0                                 | FV35     | 55 : 00 |
| 124      | 177 | Ruby Jones         | 0                                 | SF       | 55 : 01 |
| 125      | 63  | Richard Brown      | Eynsham Road Runners              | SM       | 55 : 03 |
| 126      | 83  | Thomas Bendall     | 0                                 | MV40     | 55 : 17 |
| 127      | 8   | Andy Thirtle       | Buckingham & Stowe RC             | MV50     | 55 : 27 |
| 128      | 44  | Andy Dale          | 0                                 | MV50     | 55 : 33 |
| 129      | 29  | Zach Hitchen       | 0                                 | SM       | 55 : 56 |
| 130      | 209 | Paul Baker         | 0                                 | MV40     | 56 : 02 |
| 131      | 222 | Anne Pedlow        | 0                                 | FV45     | 56 : 07 |
| 132      | 140 | Matthew Pedlow     | 0                                 | MV40     | 56 : 08 |
| 133      | 75  | Nicola Nash        | 0                                 | FV45     | 56 : 15 |
| 134      | 91  | Nicki Woodham      | 0                                 | FV35     | 56 : 16 |
| 135      | 71  | Chris Usher        | Buckingham & Stowe RC             | MV60     | 56 : 17 |
| 136      | 115 | Martin Bay         | 0                                 | MV60     | 56 : 18 |
| 137      | 30  | Chris Hitchen      | 0                                 | MV60     | 56 : 29 |
| 138      | 76  | Isla Nash          | 0                                 | SF       | 56 : 38 |
| 139      | 165 | Simon Ness         | 0                                 | MV50     | 56 : 52 |
| 140      | 89  | Tanmay Vashishtha  | 0                                 | SM       | 56 : 58 |
| 141      | 106 | Matthew Lee        | 0                                 | SM       | 56 : 59 |
| 142      | 114 | Ella Brown         | 0                                 | SF       | 57 : 00 |
| 143      | 48  | Jenny Johnson      | 0                                 | FV55     | 57 : 05 |
| 144      | 223 | Samantha Knaves    | 0                                 | FV55     | 57 : 08 |
| 145      | 212 | Katherine Gibbard  | 0                                 | FV45     | 57 : 09 |
| 146      | 6   | Ian Icton          | Buckingham & Stowe RC             | MV50     | 57 : 14 |
| 147      | 122 | Kelly Jenkins      | 0                                 | FV35     | 57 : 15 |
| 148      | 169 | Howard Jones       | 0                                 | MV50     | 57 : 20 |
| 149      | 127 | Ben Cochrane       | 0                                 | MV40     | 57 : 22 |
| 150      | 175 | Ruth Daykin        | 0                                 | FV55     | 57 : 33 |

Results provided by:

Martin Nye 186 High Street Winslow



# LIONS CLUB OF WINSLOW

## 10K ROAD RACE

(Licenced by the UKA)

Sunday 22nd February 2026 10:30am



aylesbury.upandrunning.co.uk

Sponsored by Up & Running



| Position | No. | Name                  | Club/Team                         | Category | Time    |
|----------|-----|-----------------------|-----------------------------------|----------|---------|
| 151      | 226 | Alex Markwick         | 0                                 | MV40     | 57 : 41 |
| 152      | 12  | Neil Pasmore          | Buckingham & Stowe RC             | MV50     | 57 : 41 |
| 153      | 144 | Jane Smith            | Buckingham & Stowe RC             | FV55     | 57 : 54 |
| 154      | 137 | Annie Beale           | 0                                 | SF       | 57 : 59 |
| 155      | 130 | Nikki Morgan          | 0                                 | SF       | 58 : 00 |
| 156      | 192 | Emma Rowlandson       | 0                                 | FV55     | 58 : 07 |
| 157      | 217 | Daisy Buckingham      | 0                                 | SF       | 58 : 08 |
| 158      | 55  | Ben Hennessy          | 0                                 | MV40     | 58 : 12 |
| 159      | 79  | Caroline Bennett      | Brackley and District RC          | FV55     | 58 : 13 |
| 160      | 141 | Suzie Walton          | 0                                 | FV45     | 58 : 18 |
| 161      | 118 | Sarah Winkelman       | 0                                 | FV35     | 58 : 24 |
| 162      | 67  | Michael Hutton        | 0                                 | MV60     | 58 : 37 |
| 163      | 101 | Bianca Derry          | 0                                 | SF       | 58 : 42 |
| 164      | 194 | Nikki Ayles           | 0                                 | SF       | 58 : 42 |
| 165      | 74  | Nicole Carter         | 0                                 | SF       | 58 : 46 |
| 166      | 219 | Laura Allen           | 0                                 | FV45     | 58 : 47 |
| 167      | 128 | Remy Dubois           | 0                                 | MV50     | 58 : 56 |
| 168      | 3   | Hetan Mistry          | 0                                 | MV40     | 59 : 02 |
| 169      | 109 | Clare Wilkinson       | 0                                 | FV35     | 59 : 44 |
| 170      | 33  | Annika Lucas          | Alchester Running Club            | FV45     | 60 : 16 |
| 171      | 98  | Martin Bloomfield     | 0                                 | SM       | 60 : 20 |
| 172      | 174 | Karen Hanlon          | 0                                 | FV55     | 61 : 10 |
| 173      | 58  | Jane Rymell           | Brackley and District RC          | FV55     | 61 : 15 |
| 174      | 116 | Polly Hughes          | Alchester Running Club            | FV55     | 61 : 20 |
| 175      | 52  | Andy Butler           | On the Run Aylesbury and Pitstone | MV60     | 62 : 25 |
| 176      | 178 | Lynne Cooley          | 0                                 | FV45     | 62 : 42 |
| 177      | 167 | Bernadette Ballantyne | 0                                 | FV45     | 62 : 42 |
| 178      | 88  | Avadhesh Vashishtha   | 0                                 | MV50     | 62 : 51 |
| 179      | 162 | Steve Kelly           | 0                                 | MV60     | 63 : 08 |
| 180      | 158 | Gail Morris           | Eynsham Road Runners              | FV55     | 63 : 10 |
| 181      | 163 | Robert Winkelman      | 0                                 | SM       | 63 : 28 |
| 182      | 1   | Bethan Telford        | Buckingham & Stowe RC             | FV35     | 63 : 36 |
| 183      | 120 | Louise Taylor         | 0                                 | SF       | 64 : 00 |
| 184      | 224 | Steven Medler         | 0                                 | FV45     | 64 : 15 |
| 185      | 4   | Tara Garritt          | 0                                 | FV45     | 65 : 11 |
| 186      | 68  | Will Jewell           | 0                                 | SM       | 65 : 16 |
| 187      | 60  | Sue Parry             | Buckingham & Stowe RC             | FV55     | 65 : 23 |
| 188      | 105 | Marie-Ange Ehrhart    | 0                                 | FV35     | 66 : 14 |
| 189      | 205 | John Gunn             | 0                                 | MV50     | 66 : 24 |
| 190      | 170 | Sarah Shute           | 0                                 | FV35     | 66 : 30 |
| 191      | 104 | Nathaniel Buckingham  | 0                                 | SM       | 67 : 31 |
| 192      | 32  | Sue Zanker            | 0                                 | FV55     | 67 : 38 |
| 193      | 119 | Mary Gill             | Eynsham Road Runners              | FV55     | 69 : 12 |
| 194      | 197 | Sue Askham            | Lonely Goat RC                    | FV55     | 69 : 13 |
| 195      | 72  | Stephen Thorne        | Buckingham & Stowe RC             | MV60     | 69 : 25 |
| 196      | 17  | Chris Bridge          | 0                                 | MV60     | 69 : 27 |
| 197      | 13  | Tina Derry            | 0                                 | FV55     | 69 : 35 |
| 198      | 87  | Sarah Pickford        | 0                                 | FV45     | 70 : 10 |
| 199      | 189 | Andrew Dickinson      | 0                                 | MV60     | 70 : 15 |
| 200      | 36  | Sharon Hammond        | 0                                 | FV55     | 70 : 21 |

Results provided by:

Martin Nye 186 High Street Winslow



# LIONS CLUB OF WINSLOW

## 10K ROAD RACE

(Licenced by the UKA)

Sunday 22nd February 2026 10:30am



[aylesbury.upandrunning.co.uk](http://aylesbury.upandrunning.co.uk)

Sponsored by Up & Running



| Position | No. | Name             | Club/Team                | Category | Time    |
|----------|-----|------------------|--------------------------|----------|---------|
| 201      | 96  | Stephen Berry    | Buckingham & Stowe RC    | MV60     | 71 : 14 |
| 202      | 218 | Karen Lower      | Northampton Road Runners | FV45     | 71 : 27 |
| 203      | 7   | Claire Hazleton  | Eynsham Road Runners     | FV35     | 72 : 18 |
| 204      | 86  | Bethan Brown     | 0                        | FV45     | 72 : 24 |
| 205      | 27  | Rachel Dickinson | 0                        | SF       | 86 : 32 |
| 206      | 112 | Gareth Digweed   | 0                        | SM       | 94 : 30 |