



LIONS CLUB OF WINSLOW

10K ROAD RACE

(Licenced by the UKA)

Sunday 28th February 2016 10:30am

UP & RUNNING

aylesbury.upandrinning.co.uk

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Position	No.	Name	Club/Team	Category	Time
1	235	Charlie May	Vale of Aylesbury	SM	34 : 38
2	229	Rob Taylor	Vale of Aylesbury	MV40	35 : 49
3	220	Paul Gregory	Vale of Aylesbury	MV60	36 : 06
4	70	James Davis	Vale of Aylesbury	SM	36 : 45
5	96	Samuel Dix	Unattached	SM	37 : 43
6	285	Adam Haylock	Leighton Buzzard Athletic Club	SM	37 : 51
7	165	Nick Di Paolo	Ealing, Southall & Middlesex AC	SM	38 : 05
8	133	Sian Thomas	Chiltern Harriers	SF	38 : 09
9	98	Gareth Bowden	Brackley and District RC	MV40	38 : 14
10	17	Dean Thatcher	Wargrave Runners	SM	38 : 19
11	181	Christopher Finister	Marshall Milton Keynes AC	MV40	38 : 24
12	33	Sam Dear	Leighton Buzzard Athletic Club	SM	38 : 26
13	176	Matthew Thatcher	Unattached	SM	38 : 38
14	287	Chris St Leger-Harris	Marshall Milton Keynes AC	SM	38 : 41
15	171	Donald Kennedy	Longwood Harriers AC	MV50	38 : 47
16	201	Dan Wright	Buckingham & Stowe RC	SM	38 : 47
17	80	Guy Dauncey	Unattached	MV40	39 : 01
18	107	Elliot Edwards	Bearbrook	SM	39 : 18
19	197	Stephen Clark	Unattached	SM	40 : 10
20	123	Richard Batchelor	Buckingham & Stowe RC	MV40	40 : 12
21	254	Thomas Dell	Unattached	SM	40 : 20
22	3	Keith Hammond	Unattached	MV50	40 : 26
23	85	Jenny Copnall John	Unattached	FV35	40 : 30
24	44	Martin Erasmus	Marshall Milton Keynes AC	MV50	40 : 33
25	7	Daniel Green	Leighton Fun Runners	MV40	40 : 36
26	159	Jim Buttleman	Leighton Fun Runners	MV50	40 : 39
27	43	Mark Westall	Bearbrook	SM	40 : 49
28	94	James Olliffe	Buckingham & Stowe RC	SM	40 : 49
29	111	John Myles	Unattached	MV50	41 : 06
30	40	Kevin Higby	Unattached	SM	41 : 24
31	252	Dave Nichols	Unattached	MV40	41 : 28
32	247	Katy Young	Unattached	SF	41 : 33
33	141	Wendy Clark	Shenley Striders	FV35	41 : 34
34	263	Michael O'Connor	Vale of Aylesbury	MV50	41 : 36
35	283	Carl Tucker	Cherwell Runners & Joggers	SM	41 : 46
36	99	Johanna Sharples	Leighton Buzzard Athletic Club	SF	41 : 49
37	132	Simon Hull	Buckingham & Stowe RC	MV40	41 : 50
38	224	Victoria Broadbent	Bearbrook	SF	41 : 53
39	134	Andrew Screech	LB Tri	MV40	41 : 55
40	256	Philip Reese	Unattached	SM	41 : 59

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Position	No.	Name	Club/Team	Category	Time
41	271	Robby Taylor	Marshall Milton Keynes AC	SM	42 : 02
42	11	Kevin Northam	Cherwell Runners & Joggers	MV50	42 : 05
43	243	Daniel Clarke	Unattached	MV40	42 : 21
44	192	Anna Godfrey	Reading AC	SF	42 : 24
45	226	Joshua Comley	Unattached	MV40	42 : 38
46	246	Stewart Campbell	Unattached	MV40	42 : 44
47	202	David Marham	Leighton Buzzard Athletic Club	MV50	42 : 55
48	69	Hywel Prewett	Unattached	SM	43 : 04
49	1	Peter West	Unattached	SM	43 : 09
50	196	Sebastien Gallois	Winslow Warriors	MV40	43 : 13
51	28	Steve Thomson	Buckingham & Stowe RC	MV40	43 : 16
52	56	Alan Roberts	Vale of Aylesbury	MV50	43 : 20
53	95	Ian McPartlan	Buckingham & Stowe RC	MV40	43 : 22
54	155	Eddie Cusick	Unattached	MV50	43 : 23
55	105	Matthew Harris	Buckingham & Stowe RC	SM	43 : 28
56	257	Jane Simons	Winslow Warriors	FV35	43 : 31
57	195	Nicholas Stewart	Unattached	SM	43 : 43
58	164	James Simons	Unattached	MV40	43 : 44
59	37	Simon Constantine	Unattached	MV40	43 : 49
60	279	Verity Allsopp	Leighton Fun Runners	FV35	43 : 54
61	137	Chris Herbert	Unattached	MV50	43 : 59
62	281	Michael Mulroy	Unattached	MV40	44 : 17
63	180	Wolfgang Hink	Unattached	SM	44 : 37
64	212	Pani Klikis	Chiltern Harriers	MV50	45 : 02
65	162	Toby Joiner	Uknetrunner	MV40	45 : 14
66	108	Jonathan Fox	Buckingham & Stowe RC	MV40	45 : 20
67	31	Mitch Canvin	Unattached	MV40	45 : 23
68	280	Ian Mulry	Leighton Fun Runners	MV40	45 : 28
69	54	Duncan Gordon	Buckingham & Stowe RC	SM	45 : 31
70	282	Simon Zacharzewski	Leighton Buzzard Tri Club	SM	45 : 46
71	260	Zac Scurlock	Unattached	SM	45 : 53
72	286	Amy Gant	Wycombe Phoenix Harriers	SF	45 : 54
73	173	Adrian Crookes	Brackley and District RC	MV40	45 : 57
74	182	James Hankers	Unattached	SM	46 : 17
75	13	Martin Moors	Buckingham & Stowe RC	MV50	46 : 17
76	100	Dawn Breward	Brackley and District RC	FV35	46 : 21
77	101	Christopher Utley	Winslow Warriors	MV40	46 : 31
78	92	James Messer	Unattached	MV40	46 : 31
79	217	Stuart Power	Unattached	MV40	46 : 32
80	255	Michele Thirkettle	Winslow Warriors	FV45	46 : 53

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Position	No.	Name	Club/Team	Category	Time
81	29	Paul Sadler	Unattached	MV40	46 : 59
82	231	Jake Sargent	Unattached	MV40	47 : 09
83	198	Fiona Clark	Unattached	FV35	47 : 10
84	158	Jennie Richards	Unattached	FV45	47 : 14
85	48	Bill Payer	Unattached	MV60	47 : 26
86	148	Andrew Milne	Unattached	MV40	47 : 31
87	206	Andrew Hallworth	Leighton Buzzard Athletic Club	SM	47 : 32
88	268	Steve Smith	Unattached	MV60	47 : 34
89	122	Debbie Morris	Buckingham & Stowe RC	FV45	47 : 41
90	121	Mary Ellen Blower	Unattached	FV35	47 : 42
91	253	Alistair Robinson	Unattached	MV40	47 : 44
92	238	Kevin Byrne	Headington Road Runners	MV60	47 : 53
93	199	Bruce Culbert	Bearbrook	MV50	47 : 59
94	14	Ken Baker	Bearbrook	MV50	48 : 01
95	240	Paul Simkins	Unattached	SM	48 : 12
96	241	Emma Simkins	Unattached	SF	48 : 13
97	264	Cat Cassell	Run Henley	SF	48 : 15
98	18	Jenna Thatcher	Wargrave Runners	SF	48 : 15
99	273	Ian Roberts	On the Run	MV40	48 : 22
100	84	Andrew Mallery	Winslow Warriors	MV40	48 : 23
101	276	Kathryn Sharples	Unattached	SF	48 : 24
102	291	Robin Kaenzig	Unattached	SM	48 : 33
103	290	Gayle Willington	Unattached	FV35	48 : 34
104	139	Stephen Rose	Unattached	MV60	48 : 37
105	30	Eoin Tweeddale	Brackley and District RC	MV50	48 : 40
106	203	Martin Gough	Unattached	MV50	48 : 43
107	232	George Gavriel	Unattached	SM	48 : 47
108	293	Jon Di Paolo	Unattached	SM	48 : 49
109	190	Stephen Bladen	Tring	MV40	49 : 03
110	172	Sam Goodacre	Unattached	MV40	49 : 05
111	157	Mark Dewhurst	Unattached	MV40	49 : 05
112	191	Louise Bladen	Tring	FV35	49 : 05
113	64	David Alsford	Winslow Warriors	MV40	49 : 09
114	75	Alan Dadswell	Unattached	MV50	49 : 16
115	39	Lucy Price	Buckingham & Stowe RC	FV35	49 : 30
116	174	Nicola Crookes	Brackley and District RC	FV35	49 : 37
117	102	Hayley Munro	Winslow Warriors	FV35	49 : 39
118	147	Michaela Colwell	Tring	FV45	49 : 41
119	244	Kevin Tarrier	Unattached	MV50	49 : 42
120	90	John Foster	Unattached	MV40	49 : 44

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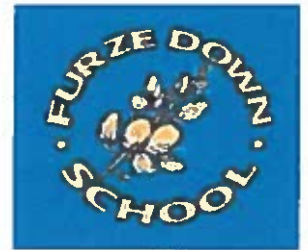
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Position	No.	Name	Club/Team	Category	Time	
121	116	Rachel	Gold	Unattached	SF	49 : 47
122	227	Helen	Palmer	Unattached	FV35	49 : 49
123	288	Jonathan	Harris-Douglas	Easingwold Running Club	MV40	50 : 04
124	258	Heidi	Yates	Cherwell Runners & Joggers	SF	50 : 08
125	131	Edward	Pollock	Buckingham & Stowe RC	SM	50 : 08
126	16	Garry	Mayo	Bearbrook	MV50	50 : 13
127	55	Neil	Briggs	MK Lakeside Runners	SM	50 : 27
128	193	John	Godfrey	Unattached	MV50	50 : 29
129	152	Mark	Blundell	Redway Runners	MV50	50 : 38
130	109	Malcom	Davies	Unattached	SM	50 : 39
131	166	Katie	Di Paolo	Ealing, Southall & Middlesex AC	SF	50 : 55
132	270	Pauline	Lucas	Unattached	FV55	51 : 03
133	200	Paul	Hearn	Bearbrook	MV40	51 : 11
134	76	Kris	Bradford	Unattached	SF	51 : 21
135	267	Andy	Dale	Unattached	MV40	51 : 21
136	127	Adrian	Summerson	Unattached	MV40	51 : 23
137	225	Jane	Smith	Buckingham & Stowe RC	FV55	51 : 25
138	194	Katherine	Stewart	Unattached	SF	51 : 27
139	81	Fern	Parker	Buckingham & Stowe RC	FV35	51 : 39
140	29	Paul	Sadler	Unattached	MV40	51 : 39
141	261	Tim	Scurlock	Unattached	MV50	52 : 05
142	219	Chris	Hitchen	Unattached	MV50	52 : 14
143	223	Marnie	Byles	Redway Runners	FV35	52 : 15
144	266	Michael	Bambrook	Haddenham Runners	MV40	52 : 18
145	154	Paul	Pegler	Treasurey Runners	MV60	52 : 35
146	87	Andrew	Woolliscroft	Unattached	SM	52 : 38
147	262	James	Lansdown	Winslow Warriors	SM	52 : 45
148	251	Claire	Seckington	Winslow Warriors	FV35	52 : 47
149	42	Darren	Stanger	Buckingham & Stowe RC	SM	52 : 49
150	66	Stephen	Thorne	Buckingham & Stowe RC	MV50	52 : 52
151	269	Brian	Lucas	Unattached	MV60	52 : 53
152	97	Brian	White	MK Lakeside Runners	MV50	52 : 57
153	23	John	Rivers	Unattached	SM	52 : 58
154	248	Steve	Russell	Redway Runners	MV40	53 : 11
155	41	Andy	Butler	Bearbrook	MV50	53 : 18
156	129	Jason	Herbert	Leighton Fun Runners	MV40	53 : 37
157	2	Laura	West	Unattached	SF	53 : 56
158	47	Steve	Lloyd	Unattached	MV40	53 : 56
159	188	Patrick	Sibley	Unattached	MV60	54 : 06
160	88	Kirsty	Lander	Unattached	SF	54 : 18

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161	46	Paul McGlynn	Unattached	MV40	54 : 18
162	110	Sophie Edmondson	Buckingham & Stowe RC	FV35	54 : 30
163	126	Chris Kellp	Unattached	FV45	54 : 36
164	167	Zoe Protheroe	Unattached	FV35	54 : 54
165	211	Rachel Eborall	Unattached	FV35	54 : 56
166	142	Liann Sheldrick	Stewkley Runners	FV35	55 : 03
167	72	Nicholas Lord	Unattached	MV50	55 : 14
168	210	Gregory Neal	Watford Harriers	MV60	55 : 15
169	114	Rachael Norman	Unattached	SF	55 : 35
170	170	Alex Woods	Unattached	SM	55 : 35
171	45	Joss Pinder	Shenley Striders	FV35	55 : 35
172	34	Paul Norton	Unattached	MV40	55 : 37
173	144	William Giles	Unattached	SM	56 : 00
174	113	Elizabeth Bell	Unattached	FV35	56 : 03
175	53	Mandi McGregor	Unattached	FV35	56 : 04
176	27	Rachael Thompson	Unattached	FV35	56 : 04
177	209	Julie Waller	Brackley and District RC	FV45	56 : 21
178	117	Stephen Walters	Unattached	SM	56 : 25
179	207	Kate Johnson	Leighton Buzzard Athletic Club	SF	56 : 26
180	277	Des O'Connor	Unattached	MV40	56 : 33
181	67	Michelle Knott	Unattached	FV35	56 : 33
182	245	Clare Hodges	Unattached	FV45	56 : 36
183	71	Laura Templeton-Cox	Unattached	FV35	56 : 36
184	215	Kevin Edwards	Unattached	SM	56 : 52
185	249	Paul Beard	Unattached	MV40	56 : 55
186	89	Robert Sales	Unattached	MV50	57 : 00
187	272	Julie Smith	Unattached	FV45	57 : 18
188	218	Rolo Sehdev	Bedford Harriers AC	SM	57 : 18
189	22	Toni Ridgway	Unattached	FV35	57 : 24
190	234	Jacqui Jacques	On the Run	FV45	57 : 25
191	146	Kathryn Ogden	Winslow Warriors	FV35	57 : 39
192	168	Claire Maynard	Unattached	FV35	57 : 51
193	15	Richard Colson	Unattached	MV40	57 : 59
194	163	Rebecca Joiner	Unattached	FV35	58 : 08
195	50	Nicola Wordsworth	Longwood Harriers AC	FV55	58 : 29
196	74	Trevor Jenkins	Unattached	MV50	58 : 32
197	205	Jenny Johnson	Buckingham & Stowe RC	FV45	58 : 33
198	138	Jo Wallwork	Unattached	FV35	58 : 33
199	184	Katie Ward	Unattached	SF	58 : 50
200	185	Chris Ashton	Unattached	SM	58 : 50

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201	65	Jane Keig	Buckingham & Stowe RC	FV45	58 : 53
202	284	Richard James	Unattached	MV50	59 : 14
203	161	Linda Knox	Buckingham & Stowe RC	FV45	59 : 19
204	77	Alex King	Unattached	SM	59 : 43
205	278	Barry Simons	Winslow Warriors	MV60	59 : 44
206	19	Robert Bleasdale	Unattached	SM	59 : 47
207	289	Claire Hubner	Buckingham & Stowe RC	FV35	59 : 47
208	239	Paul Bursnall	Unattached	MV60	59 : 55
209	259	Matt Clark	Unattached	SM	59 : 56
210	6	Angie Dyke	Winslow Warriors	FV55	60 : 19
211	274	Penny Roberts	On the Run	FV45	60 : 31
212	93	Alan Hayes	Unattached	MV50	60 : 33
213	242	Alison Gulliver	Unattached	FV45	61 : 04
214	160	Daryl Webster	Unattached	MV40	61 : 30
215	214	Julie Sturges	On the Run	FV45	61 : 38
216	4	Sharon Hammond	Unattached	FV45	61 : 38
217	145	Anne Pedlow	Unattached	FV35	61 : 49
218	150	Stewart Batchelor	Unattached	MV50	61 : 52
219	51	Arthur Kennedy	Longwood Harriers AC	MV40	62 : 11
220	9	Andrew Robinson	Unattached	SM	62 : 12
221	8	Chris Rowson	Unattached	SM	62 : 12
222	275	Kelly Whitehead	Unattached	SF	62 : 30
223	237	Jeff Parfrey	Unattached	MV40	62 : 48
224	78	Adrian King	Unattached	MV50	62 : 54
225	63	Robert Craig	Unattached	MV40	63 : 07
226	62	Kieran Craig	Unattached	SM	63 : 07
227	222	Anita West	Unattached	FV55	63 : 12
228	135	Justin Daley	Unattached	MV50	63 : 52
229	230	Caroline Griffin	Unattached	FV55	64 : 15
230	250	Sarah-Kim Kirby	Harry's Rainbow	FV35	64 : 21
231	68	Victoria Gees-Thornton	On the Run	SF	64 : 24
232	125	Carrie Paul	On the Run	FV35	64 : 28
233	228	Pat Card	Vale of Aylesbury	FV55	64 : 29
234	24	Fanny Lafarge	Unattached	FV35	65 : 23
235	25	Jerome Lafarge	Unattached	MV40	65 : 23
236	57	Emma Jenkins	Buckingham RC	FV45	65 : 23
237	5	Sharyn Eilertsen	Unattached	FV45	65 : 44
238	156	Emma Sykes	Unattached	FV35	65 : 44
239	216	Catherine Rodnight	Unattached	FV45	66 : 04
240	79	SIMON BURGESS	Unattached	MV40	66 : 09

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241	213	Claire Ginger	On the Run	FV35	66 : 34
242	143	Kay Aitken	Unattached	FV35	66 : 34
243	186	Dorothy Landsberg	Unattached	SF	66 : 34
244	60	Lorraine Burman	On the Run	FV35	66 : 34
245	233	Heidi Young	Buckingham & Stowe RC	SF	67 : 03
246	49	Claire-Louise Shepherd	Unattached	FV35	67 : 14
247	130	Anna Newman	Unattached	FV35	67 : 50
248	183	Alexandra West	Unattached	FV35	67 : 56
249	208	Susan Johnson	Redway Runners	FV55	70 : 15
250	140	Maggie Hogg	Winslow Warriors	FV45	70 : 19
251	236	Suzie Gale	Unattached	FV35	70 : 52
252	265	Ellie White	Unattached	SF	71 : 47
253	175	Nicholas Mitchell	Vegan Runners UK	SM	71 : 47
254	73	Tracey Carr	Unattached	FV45	75 : 49
255	103	Rebecca Hamer-Norman	Unattached	SF	76 : 35
256	104	Steven Veitch	Unattached	SM	76 : 35
257	178	Stephen Chapman	Unattached	SM	77 : 32
258	177	Hannah Clements	Unattached	SF	77 : 32
259	179	Graham Clements	Unattached	MV50	77 : 32
260	118	James Fitzpatrick	Unattached	MV40	78 : 19
261	169	Laura Baird	Unattached	SF	78 : 19
262	119	Eamon Baird	Unattached	SM	78 : 19

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