



LIONS CLUB OF WINSLOW

10K ROAD RACE

(Licenced by the UKA - 2009-100249)

Sunday 21st February 2010 10:30am



Sponsored by Up & Running



Position	No.	Name	Club/Team	Category	Time
1	303	Charlie May	Vale of Aylesbury AC	SM	34 : 21
2	233	Anthony Murrell	Unattached	SM	35 : 27
3	222	Mark Richards	Vale of Aylesbury AC	SM	35 : 39
4	32	Greg Spellman	Rugby and Northampton AC	MV40	35 : 52
5	304	David Glossy	Corley Bodylimits	SM	36 : 31
6	225	Mark Armstrong	Silson Joggers	SM	37 : 34
7	50	John Skelton	Marshall Milton Keynes AC	MV50	37 : 51
8	12	Marcus Cookham	Bedford Harriers	SM	38 : 27
9	125	Chris Mahon	Marshall Milton Keynes AC	MV40	38 : 51
10	232	Richard Harrison	Marshall Milton Keynes AC	MV50	39 : 06
11	169	James Ruault	Rooster Road Runners	MV40	39 : 10
12	245	Henry Edwardes-Evar	Vale of Aylesbury AC	MV40	39 : 23
13	19	Keith Hammond	Vegetarian Cycling & AC	MV40	39 : 37
14	53	Jim Buttleman	Leighton Fun Runners	MV40	40 : 27
15	111	Colin Merritt	Unattached	MV40	40 : 34
16	252	Guy Dauncey	Unattached	SM	40 : 46
17	99	Peter Shelley	Unattached	SM	40 : 47
18	242	Nigel Trinder	Alchester RC	MV40	40 : 48
19	259	Hannah Turner	Harpenden ARO Runners	SL	40 : 50
20	163	Guy Owen	Unattached	MV40	41 : 00
21	135	Julia Austin	Vale of Aylesbury AC	FV45	41 : 07
22	218	Stuart Leach	Unattached	SM	41 : 13
23	51	Jon Goodwin	Unattached	MV40	41 : 29
24	250	Simon Woodrow	Winslow Lions	MV50	41 : 34
25	49	Michael Spencer	Silson Joggers	MV40	41 : 36
26	128	Alan Roberts	Vale of Aylesbury AC	MV40	41 : 38
27	33	David Breingan	Chiltern Harriers	MV40	41 : 56
28	231	Jos Dyer	Corley Cycles	SM	42 : 23
29	15	Julian Lewis	Buckingham & Stowe RC	MV40	42 : 46
30	124	John Hamilton	Marshall Milton Keynes AC	MV50	42 : 51
31	118	Louise Crosson	Highgate Harriers	SL	43 : 30
32	63	Paul Feasey	Unattached	MV40	43 : 37
33	121	Mark Ansley-Watso	Unattached	SM	43 : 43
34	101	James Powell	Bearbrook Joggers	SM	43 : 52
35	92	John Webb	Wootton Road Runners	SM	44 : 03
36	190	Stuart Birrel	Unattached	MV40	44 : 10
37	65	Marcus Bastian	Unattached	SM	44 : 11

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Position	No.	Name	Club/Team	Category	Time
38	158	Stuart Mathews	Buckingham & Stowe RC	MV50	44 : 28
39	75	Pete Milligan	Unattached	SM	44 : 31
40	189	Charles Bamford	Brat Club (Birmingham)	SM	44 : 32
41	220	Ian McPartlan	Unattached	MV40	44 : 39
42	117	Graham Foulkes	Bearbrook Joggers	MV50	44 : 42
43	164	Leah Williamson	Marshall Milton Keynes AC	SL	44 : 43
44	219	Colin Mawdsley	Vale of Aylesbury AC	MV40	44 : 46
45	66	Simon Miller	Riverside Runners	MV40	44 : 49
46	221	Emma Keys	Handy Cross	FV35	44 : 50
47	123	Paul Farmer	Unattached	MV40	44 : 54
48	195	Peter Bird	Ampthill & Flitwick Flyers	MV50	44 : 57
49	201	Julian Ham	Unattached	MV40	44 : 57
50	213	Fiona Wise	Unattached	SL	45 : 03
51	215	Charlie Madge	Unattached	SM	45 : 03
52	71	David Armstrong	Unattached	MV40	45 : 16
53	246	Patrick Carey	Unattached	SM	45 : 18
54	239	Ian Tarvit	Vale of Aylesbury AC	MV60	45 : 21
55	226	Perry Mercer	Unattached	MV40	45 : 45
56	152	Andrew Smith	Unattached	MV40	45 : 55
57	89	Jeffrey Smith	Unattached	SM	45 : 55
58	129	Louisa Pointon	Unattached	SL	46 : 05
59	130	Simon Turnball	Alchester Road Runners	SM	46 : 05
60	83	Chris Smith	Unattached	SM	46 : 10
61	202	Stuart Riches	Unattached	SM	46 : 19
62	157	Carol Mathews	Buckingham & Stowe RC	FV45	46 : 19
63	82	Matthew Miller	Unattached	SM	46 : 23
64	90	Sandra Day Burr	Unattached	FV35	46 : 23
65	236	Shane Howson	Vale of Aylesbury AC	SM	46 : 36
66	216	Stephen Howard	Alchester RC	MV50	46 : 40
67	179	Julia Brennan	Marshall Milton Keynes AC	SL	46 : 54
68	98	Rachel Crook	Unattached	SL	47 : 00
69	177	John Bartlett	Road Runners	MV50	47 : 04
70	258	Robbie MacPhearson	Marshall Milton Keynes AC	MV50	47 : 27
71	4	Tony Hincks	Unattached	MV40	47 : 29
72	100	Keely Pearson	Unattached	SL	47 : 31
73	87	David Cantwell	Buckingham & Stowe RC	MV40	47 : 42
74	127	Graham Harper	Harpenden ARO Runners	MV50	47 : 50

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Position	No.	Name	Club/Team	Category	Time
75	112	Lisa Hoaran	Unattached	FV45	48 : 04
76	230	Simon Sewarel	Unattached	SM	48 : 06
77	235	Dave Morris	Buckingham & Stowe RC	MV40	48 : 07
78	138	Trevor Knott	Unattached	MV40	48 : 14
79	5	Maria Duffy	Unattached	FV35	48 : 22
80	47	Philip Bastiman	Unattached	MV40	48 : 28
81	251	Hetan Mistry	Unattached	SM	48 : 32
82	198	John Shaw	Hayes & Harlington RR	MV60	48 : 38
83	102	Sam Mahfoudh	Unattached	SM	48 : 43
84	238	David Basham	Alchester RC	MV60	48 : 46
85	301	Peter Griffith	Unattached	MV40	48 : 50
86	137	David Blackburn	Unattached	MV40	48 : 50
87	144	Jennifer Finlay	Unattached	FV35	48 : 54
88	203	Jane Smith	Buckingham & Stowe RC	FV45	49 : 20
89	162	Barry Cornelius	Headington Road Runners	MV60	49 : 24
90	38	Geoff Green	Unattached	MV40	49 : 25
91	210	Paul Roebuck	Unattached	MV50	49 : 50
92	60	Mandy Rutter	Unattached	FV45	49 : 53
93	62	Patrick Hooper	Unattached	MV40	49 : 53
94	36	Debbie Morris	Unattached	FV35	49 : 56
95	211	Sally Wise	Unattached	SL	49 : 59
96	78	Katie Hill	Unattached	FV35	49 : 59
97	212	Richard Taylor	Unattached	SM	50 : 00
98	154	Robert Williamson	Unattached	SM	50 : 01
99	72	Glen Combe	Unattached	SM	50 : 08
100	207	Daniel Evans	Hayes & Harlington RR	MV40	50 : 09
101	13	James Shaw	Unattached	SM	50 : 23
102	182	Tom Templeton	Unattached	SM	50 : 26
103	160	Matt James	Bearbrook Joggers	SM	50 : 32
104	185	Stacey Bamford	Brat Club (Birmingham)	SL	50 : 36
105	76	Jennie Richards	Unattached	FV35	50 : 42
106	180	Adam Naish	Unattached	SM	50 : 46
107	306	Jeremy Pargeter	Unattached	MV40	50 : 59
108	241	Rakesh Patel	Unattached	SM	51 : 04
109	205	Paeter West	Unattached	MV50	51 : 06
110	17	Andy Theobald	Unattached	MV40	51 : 08
111	255	Barry Simons	Unattached	MV60	51 : 11

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Position	No.	Name	Club/Team	Category	Time
112	254	James Simons	Unattached	SM	51 : 11
113	67	Caroline Moulihan-Burn	Chiltern Harriers	FV35	51 : 16
114	7	Colin Little	Unattached	MV40	51 : 19
115	107	Miriam Drewett	Unattached	SL	51 : 23
116	115	Mike Bell	Unattached	MV40	51 : 23
117	52	Kim Little	Unattached	MV40	51 : 29
118	14	Tim Scurlock	Unattached	MV40	51 : 30
119	18	Chris Hitchen	Unattached	MV40	51 : 31
120	240	Rachel Elder	Unattached	FV35	51 : 53
121	1	Kayleigh Stewart	Unattached	SL	51 : 56
122	44	Daniel Latham	Unattached	MV40	52 : 20
123	247	Clare Copeman	Unattached	FV35	52 : 24
124	40	Laurie Rush	Unattached	SM	52 : 24
125	178	Michael Bavington	Unattached	MV40	52 : 43
126	159	Emma Way	Unattached	SL	53 : 01
127	204	Chris Dawe	Unattached	MV60	53 : 01
128	253	Clive Borthwick	Harpenden ARO Runners	MV50	53 : 04
129	139	James Sootweg	Vale of Aylesbury AC	SM	53 : 16
130	224	Adrian Howe	Unattached	MV40	53 : 16
131	81	Ian Sanderson	Unattached	SM	53 : 23
132	39	Joanne Bonner	Adderbury Running Club	FV35	53 : 27
133	184	Jane Bancroft	Unattached	FV35	53 : 28
134	197	Jacqui Jacques	Bearbrook Joggers	FV35	53 : 42
135	9	Katie Orman	MK Lakeside Runners	SL	53 : 43
136	307	Andrew Day	Unattached	MV40	53 : 48
137	11	Adam Panther	Unattached	SM	53 : 54
138	214	Naomi Wise	Unattached	SL	53 : 56
139	237	Jessica Wise	Unattached	SL	53 : 56
140	153	Ross Williamson	Unattached	MV40	54 : 15
141	305	Russell Evans	Unattached	SM	54 : 34
142	302	Graham Taylor	Bearbrook Joggers	MV50	54 : 41
143	308	David Richman	MBR	MV40	54 : 49
144	309	Emma Richman	MBR	FV45	54 : 50
145	150	Mark Young	Unattached	SM	55 : 00
146	2	Rebecca Allen	Unattached	SL	55 : 03
147	113	Daniel Hoaran	Unattached	SM	55 : 05
148	217	Hazel Howard	Alchester RC	FV45	55 : 06

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Position	No.	Name	Club/Team	Category	Time
149	244	Matthew Rush	Unattached	SM	55 : 13
150	141	Laura Hancock	Unattached	SL	55 : 14
151	191	Graham Martin	Unattached	SM	55 : 33
152	43	Libby Latham	Unattached	FV35	55 : 51
153	132	Helen Phillips	Vale of Aylesbury AC	FV45	55 : 56
154	168	Helen Osgerby	Bearbrook Joggers	FV35	56 : 15
155	126	Vicki Clark	Unattached	SL	56 : 34
156	34	John Huskinson	Marshall Milton Keynes AC	SM	56 : 35
157	248	Geoff Dennis	Tring Running Club	MV60	56 : 38
158	228	Kerry Evans	Unattached	SL	56 : 43
159	69	Alex Garrick	Unattached	MV40	56 : 49
160	21	Jason Platt	Unattached	MV40	56 : 57
161	119	Ruth Metcalf	Unattached	SL	56 : 59
162	120	Mary Winks	Unattached	FV45	56 : 59
163	142	Mary Pasmore	Unattached	FV35	57 : 01
164	94	Nickki Marston	Unattached	FV35	57 : 16
165	3	Kirsty Baden	Unattached	SL	57 : 23
166	176	Simon Biltcliffe	Unattached	MV40	57 : 27
167	175	Tom Bendall	Unattached	SM	57 : 37
168	10	David Bugg	Unattached	SM	57 : 40
169	234	Raj Tosar	Unattached	SM	57 : 50
170	16	Hannah Flatt	Unattached	SL	57 : 52
171	8	Lee Evans	Unattached	SM	57 : 53
172	149	Lizzie Fleckney	Bearbrook Joggers	SL	58 : 16
173	170	John West	MK Lakeside Runners	MV60	58 : 28
174	24	Jason Cunningham	Unattached	SM	58 : 29
175	23	James Gwilliam	Unattached	SM	58 : 29
176	84	Kat Woodard	Unattached	SL	58 : 43
177	85	Elizabeth Serradimigni	Unattached	SL	59 : 32
178	146	Myrtle Solomon	Bearbrook Joggers	FV45	59 : 48
179	151	Debbie Cox	MK Lakeside Runners	FV45	59 : 58
180	26	Rachel Walker	Unattached	FV35	60 : 00
181	70	Jeremy Baker	Unattached	SM	60 : 01
182	206	Anita West	Buckingham & Stowe RC	FV45	60 : 07
183	86	Justin Daley	Unattached	MV40	60 : 16
184	35	Amie Graves	Unattached	SL	60 : 16
185	147	Richard Colson	Unattached	MV40	60 : 27

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186	68	Marion Harris	Alchester Road Runners	FV45	60 : 29
187	243	Julie Trinder	Alchester RC	FV45	60 : 34
188	155	Robin Scurlock	Unattached	MV40	61 : 05
189	256	Rachel Ball	Buckingham & Stowe RC	SL	61 : 23
190	106	Julia Whippy	Unattached	SL	61 : 26
191	196	Loi Man	Unattached	FV35	61 : 29
192	249	Beth Dennis	Tring Running Club	FV55	61 : 36
193	88	Sarah Hope	Unattached	SL	62 : 10
194	161	Charlie McCarthy	Unattached	MV60	62 : 59
195	227	Ling Chang	Unattached	FV35	62 : 59
196	20	Sharon Hammond	Vegetarian Cycling & AC	FV45	63 : 05
197	55	Christophe Archer	Unattached	MV40	63 : 22
198	171	Tony Walker	MK Lakeside Runners	MV50	63 : 40
199	140	Dean Ingram	Unattached	SM	64 : 01
200	22	Jodie Glassock	Unattached	SL	64 : 28
201	229	Chris Glassock	Unattached	MV40	64 : 28
202	114	Anthony Flack	Unattached	MV40	65 : 13
203	194	Dawn Bird	Amphill & Flitwick Flyers	FV45	65 : 35
204	165	Sophie Elworth	Unattached	SL	65 : 58
205	167	Andrew Wood	Unattached	SM	65 : 58
206	166	Daniel Elworth	Unattached	SM	65 : 58
207	25	Guy Walker	Unattached	MV40	66 : 07
208	136	Amanda Martin	Unattached	SL	66 : 42
209	103	Blaine Price	Unattached	MV40	66 : 43
210	104	Sarah Craswell	Unattached	SL	66 : 50
211	181	Gary Gurnets	Unattached	MV50	72 : 08
212	96	Helen Lawrence	Unattached	FV35	73 : 04
213	97	Victoria Kay	Unattached	SL	75 : 23
214	173	Grace Bursac	MK Lakeside Runners	FV55	75 : 59
215	172	Maureen Walker	MK Lakeside Runners	FV55	76 : 00
216	193	Emma Collins	Unattached	SL	77 : 31
217	192	Sue Collins	Unattached	FV45	77 : 34

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