



# LIONS CLUB OF WINSLOW

## 10K ROAD RACE

Sunday 22nd February 2009 10:30am

Sponsored by Up & Running



Position No.	Name	Club/Team	Category	Time	
1	213	Anuradha Cooray	Vale of Aylesbury AC	SM	32 : 32
2	134	Charlie May	Vale of Aylesbury AC	SM	33 : 46
3	245	Frank Rooney	Vale of Aylesbury AC	SM	35 : 07
4	207	Jonathon Hiscock	Thame Runners	SM	35 : 10
5	131	Andrew Rolt	Vale of Aylesbury AC	VM40	35 : 27
6	353	James Turton	Unattached	SM	36 : 21
7	323	David Maisey	Vale of Aylesbury AC	SM	36 : 27
8	305	Eliot Winter Marshall	Milton Keynes AC	SM	36 : 34
9	29	Andrew Byerley	Thame Runners	VM40	36 : 43
10	312	David Glossy Corley	Pro Tri Team	SM	36 : 55
11	23	Alex Wright	Corby AC	VM40	37 : 52
12	345	Dafydd Warburton	Eynsham Road Runners	SM	38 : 01
13	28	Alan Roberts	Vale of Aylesbury AC	VM40	38 : 02
14	117	Ben Breaker	Eynsham Roadrunners	SM	38 : 28
15	87	Marcin Kunecki	Unattached	SM	38 : 49
16	251	Rob Palmer	Bearbrook Joggers	SM	39 : 06
17	121	Gary Stratford	Leighton Buzzard AC	VM40	39 : 11
18	238	Robert Pettingell	Handy Cross	VM40	39 : 21
19	53	G Garlick Leamingtonton	C& AC	VM40	39 : 23
20	355	David Harwell	Oxford City AC	VM50	39 : 29
21	265	Colin Merritt	Unattached	VM40	39 : 56
22	161	Graham Bridges	Eynsham Roadrunners	VM40	40 : 03
23	191	Paul Tilleard	Alchester RC	VM50	40 : 25
24	193	Tony Whitlock	Eynsham Roadrunners	VM50	40 : 32
25	276	Lia Marshall	Vale of Aylesbury AC	SL	40 : 47
26	36	Paul Kelley	North Herts Road Runners	VM50	41 : 09
27	133	Nick Mauger	Thame Runners	SM	41 : 21
28	61	John Franklin	North Herts Road Runners	VM40	41 : 23
29	279	Alan Jones	North Herts Road Runners	VM50	41 : 39
30	218	Matt Bradford	Unattached	SM	41 : 43
31	330	Rob Hingston	Unattached	VM40	41 : 48
32	346	Peter Cairnie	Bearbrook Joggers	VM40	42 : 06
33	74	Paul Caruana	Leamingtonton C& AC	VM40	42 : 18
34	199	Julia Austin	Vale of Aylesbury AC	FV45	42 : 22
35	18	Bridget Shiel	Unattached	SL	42 : 23
36	320	Rachel Lund	Woodford Green	SL	42 : 30
37	241	Phil Spencer	Unattached	VM40	42 : 41
38	333	Michael Coupland	Unattached	SM	42 : 52
39	55	Fiona Hunter	Biggleswade AC	SL	42 : 59
40	124	Simon Shaw	FVS TRI	SM	43 : 03
41	299	Michael Spencer	Unattached	VM40	43 : 08
42	155	Mark Emmett	Thame Runners	VM40	43 : 21

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Position No.	Name	Club/Team	Category	Time	
43	158	Stewart Boulton	Vegan Runners	SM	43 : 26
44	47	Brian Dent	Unattached	VM50	43 : 31
45	16	Craig Browne	Unattached	SM	43 : 33
46	358	Gerry Doherty	Unattached	SM	43 : 38
47	244	Reg Beacall	Team MK	VM40	43 : 50
48	363	David Legge	Unattached	SM	43 : 51
49	110	Simon Woodrow	Lions	VM50	43 : 59
50	186	Mark Gregory	Unattached	SM	44 : 06
51	360	Michael Farrell	Kent Athletics Club	VM50	44 : 27
52	281	Graham Tee	MK Lakeside Runners	VM40	44 : 29
53	80	Katherine Bates	Eynsham Road Runners	FV45	44 : 30
54	183	Julia Brennan Marshall	MK AC	SL	44 : 32
55	362	Paul Farmer	Unattached	SM	44 : 34
56	182	Derek Peverill	Vale of Aylesbury AC	VM60	44 : 50
57	79	Neil Bullen	Unattached	SM	44 : 52
58	342	Sophie Delderfield	Vale of Aylesbury AC	SL	44 : 55
59	255	Adrian Maidment	Unattached	SM	45 : 07
60	347	Keith Gibbs	Team MK	VM40	45 : 14
61	211	Hugh Morris	Eynsham Roadrunners	VM50	45 : 15
62	24	Catherine Wright	Corby AC	FV45	45 : 18
63	210	John Parsons	Unattached	VM40	45 : 22
64	76	Suzy Trott	North Herts Road Runners	SL	45 : 22
65	361	Roger Williams	SMOC	VM40	45 : 39
66	10	Tim Price	Bedford Harriers	VM40	45 : 46
67	232	Chris Lever	Unattached	VM40	45 : 46
68	321	George Margesson	Unattached	SM	45 : 52
69	239	Emma Keys	Headington Road Runners	FV35	45 : 54
70	157	Steve Graham	Thame Runners	VM50	46 : 02
71	294	Derek Breaker	Eynsham Road Runners	VM50	46 : 06
72	302	Mick Garland	Wycombe Phoenix	VM40	46 : 08
73	399	Peter Bird	Ampthill & Flitwick Flyers	VM50	46 : 10
74	184	John Henderson	Wotton Road Runners	SM	46 : 12
75	315	Caroline Goodman	Thame Runners	FV35	46 : 14
76	212	Anna Madry	Vale of Aylesbury AC	SL	46 : 25
77	179	Mark Robinson	Unattached	SM	46 : 34
78	352	David Harvey	Telford Harriers	VM40	46 : 40
79	234	Robin Scott	Headington Road Runners	SM	46 : 42
80	189	Jacqueline Pinnock	Eynsham Roadrunners	FV45	46 : 46
81	310	William Knight	Unattached	SM	60 : 14
82	181	Simon Heap	Unattached	VM40	47 : 08
83	98	John Winter	Unattached	VM40	47 : 10
84	208	Sue Barnes	Vale of Aylesbury AC	FV55	47 : 11

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Position No.	Name	Club/Team	Category	Time	
85	223	Bernie Fyans	Unattached	SM	47 : 18
86	259	Kirsten Lawton	Bearbrook Joggers	FV35	47 : 21
87	86	Michael Willett	Unattached	VM50	47 : 22
88	219	Andrew Smith	Unattached	VM40	47 : 25
89	217	Julie Madry	Vale of Aylesbury AC	FV35	47 : 30
90	262	Martin Davey	Amphill & Flitwick Flyers	VM40	47 : 30
91	198	Simon Bradbury	Unattached	VM40	47 : 36
92	322	Simon Gibbs	Unattached	VM40	47 : 40
93	160	Denise Bridges	Eynsham Roadrunners	FV35	47 : 43
94	58	Amelia Derbyshire	Unattached	SL	47 : 49
95	209	Gerry Johnson	Buckingham & Stowe	VM40	47 : 51
96	288	Bob Hardman	Burnham Joggers	VM60	47 : 53
97	317	Louise Baldwin	Unattached	SL	47 : 54
98	318	Carl Adams	Unattached	SM	47 : 56
99	175	Annie Cowley	Unattached	FV45	48 : 04
100	282	Dave Morris	Buckingham and Stowe	VM40	48 : 12
101	132	Roger Simmonds	Thame Runners	VM60	48 : 16
102	233	Tamsin Virgo	Unattached	SL	48 : 32
103	115	Darren Readman	Thame Road Runner	SM	48 : 33
104	49	Luara Cutress	Sheffield University	SL	48 : 34
105	225	Heather Fallaize	Vale of Aylesbury AC	FV45	48 : 35
106	205	David Willingham	Unattached	SM	48 : 36
107	147	Arthur Airey	Thame Runners	VM60	48 : 38
108	266	Lisa Hoaran	Unattached	FV45	48 : 40
109	231	Tim Scurlock	Unattached	VM40	48 : 41
110	125	Bev Mauger	Thame Runners	FV35	48 : 44
111	349	Graham Taylor	Bearbrook Joggers	VM40	48 : 49
112	270	Steve Thunder	Unattached	VM40	48 : 50
113	68	Emma Way	Unattached	SL	48 : 52
114	283	Andrew Crabbie	Unattached	VM40	48 : 55
115	269	Matthew Miller	Unattached	SM	48 : 56
116	91	Mark Evans	Unattached	SM	49 : 00
117	95	Steve Toon	Unattached	SM	49 : 02
118	73	Paul Wade	Unattached	VM40	49 : 04
119	357	Richard Montgomery	Unattached	VM40	49 : 07
120	25	Hayley Parry	Thame Runners	FV35	49 : 08
121	215	David Long	Cherwell Runners	SM	49 : 11
122	172	Martin Wilkinson	Unattached	VM40	49 : 14
123	242	Graham Sanders	Bearbrook Joggers	VM60	49 : 16
124	250	Chris Hitchen	Unattached	VM40	49 : 16
125	138	John O'Reilly	Unattached	VM40	49 : 23
126	185	Stephen Cooper	Unattached	VM50	49 : 35

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Position No.	Name	Club/Team	Category	Time	
127	30	Carol Matthews	Unattached	FV45	49 : 39
128	332	Stuart Leonard	Unattached	SM	49 : 41
129	227	Will Cleare	Unattached	SM	49 : 41
130	140	Dennis Gascoigne	Unattached	VM40	49 : 52
131	222	Haley Salter	Unattached	SL	49 : 53
132	84	Tracy Powell	Unattached	FV45	49 : 56
133	50	Steve Benjamin	Thame Runners	VM40	49 : 57
134	236	John Shaw	Hays & Harlington	VM60	49 : 59
135	261	Steven Marshall	Unattached	VM40	50 : 05
136	93	Clive Chandler	Unattached	SM	50 : 07
137	295	Andrew Godber	Unattached	VM50	50 : 18
138	202	Alan Prosser	Unattached	VM40	50 : 18
139	103	Caroline Houlihan-Burne	Unattached	FV35	50 : 28
140	180	Nanette Dingley	Unattached	SL	50 : 39
141	156	Mark Young	Unattached	SM	50 : 52
142	243	Tom Templeton	Unattached	SM	50 : 56
143	194	Jane Larbaestine	Eynsham Roadrunners	FV45	50 : 57
144	145	Kathryn Hanson	Unattached	FV35	50 : 57
145	151	Lynn Boddy	Unattached	SL	51 : 08
146	21	Alexandra Hewett	Unattached	SL	51 : 15
147	188	Adrian Pinnock	Eynsham Roadrunners	VM50	51 : 17
148	153	Kim Little	Unattached	VM40	51 : 27
149	92	Trevor Chandler	Unattached	VM50	51 : 28
150	81	Catherine Pyefinch	Unattached	FV35	51 : 30
151	6	Simon Zacharzewski	Unattached	SM	51 : 36
152	224	Debbie Morris	Unattached	FV35	51 : 38
153	120	Sheila Gascoigne	Eynsham Roadrunners	FV45	51 : 40
154	143	Mistry Hetan	Unattached	SM	51 : 49
155	11	Justin Bushy	Unattached	SM	51 : 49
156	129	George Hooper	Unattached	VM40	51 : 51
157	306	Jane Smith	Buckingham & Stowe	FV45	51 : 52
158	271	Jason Platt	Unattached	SM	51 : 57
159	289	Camilla Pringle	Unattached	FV35	52 : 05
160	206	Wendy Wright	Unattached	SL	52 : 13
161	123	Lindsay Melling	Unattached	FV35	52 : 16
162	59	Libby Boyden	Unattached	SL	52 : 20
163	354	Mary Plummer	Unattached	FV45	52 : 30
164	307	Harold Bone	Unattached	VM50	52 : 36
165	56	Dominic Sharman	Unattached	SM	52 : 41
166	163	Jason Cummings	Unattached	SM	52 : 46
167	264	Gemma Tyson	Bearbrook Joggers	SL	52 : 53
168	113	Doug Moseley	Unattached	VM40	52 : 59

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Position No.	Name	Club/Team	Category	Time	
169	203	Trevor Jenkins	Unattached	VM50	53 : 07
170	237	John Vaites	Unattached	VM40	53 : 08
171	142	Brian Green	Unattached	VM60	53 : 11
172	165	Jennie Richards	Unattached	FV35	53 : 26
173	252	Shima Braybrook Marshall	Milton Keynes AC	SL	53 : 35
174	88	Stuart Birrell	Unattached	VM40	53 : 35
175	328	Mike Lemon	Unattached	VM40	53 : 38
176	256	Rakesh Patel	Unattached	SM	53 : 40
177	51	J Rogers	Thame Runners	FV35	53 : 41
178	343	Dieter Orth	Thame Runners	VM50	53 : 42
179	301	Terry Penny	Buckingham and Stowe	VM60	53 : 44
180	201	Michael Clarke	Unattached	VM50	53 : 48
181	15	Daniel Carvalheira-Mobaraki	Unattached	SM	53 : 51
182	260	Phil Arnold	Watford Joggers	SM	53 : 54
183	169	Mark Hutton	Unattached	SM	53 : 57
184	286	Lindsay Mold	Unattached	FV45	54 : 09
185	8	Georgie Zacharzewski	Unattached	SL	54 : 10
186	275	Hannah Lainton	Unattached	SL	54 : 16
187	204	Sarah Paling	Unattached	FV45	54 : 24
188	319	Steve Chambers	Chiltern Harriers	SM	54 : 27
189	263	Helen Osgerby	Bearbrook Joggers	FV35	54 : 29
190	268	Hayley Golding	Bearbrook Joggers	FV35	54 : 29
191	274	Daniel Latham	Wotton Road Runners	VM40	54 : 35
192	226	Stephanie Lloyd	Bearbrook Joggers	FV45	54 : 37
193	176	Andrew Wright	Unattached	SM	54 : 40
194	230	Robin Scurlock	Unattached	VM40	54 : 40
195	267	Daniel Hoaran	Unattached	SM	54 : 42
196	35	John May	East London Runners	VM40	54 : 43
197	164	David Binnie	Lions	VM60	54 : 55
198	101	Peter Wood	Lions	VM50	54 : 55
199	83	Colin Little	Unattached	VM40	54 : 55
200	291	Jane Bishop	Eynsham Road Runners	FV35	54 : 58
201	364	William Metcalfe	Basildon Athletics Club	VM50	55 : 17
202	192	Stephanie Morgan	Unattached	FV45	55 : 19
203	292	Ane Vorster	Unattached	SL	55 : 35
204	46	Tony Cutress	Unattached	VM50	55 : 36
205	63	Edwin Cross	Unattached	SM	55 : 38
206	356	Corinna Grierson	Unattached	FV35	55 : 40
207	216	Gail Walshie	Bearbrook Joggers	FV35	55 : 40
208	118	Ian Keeley	Eynsham Roadrunners	VM50	55 : 44
209	359	David Cantwell	Unattached	VM40	55 : 51
210	221	Angela Patrick	Unattached	SL	55 : 56

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Position No.	Name	Club/Team	Category	Time	
211	43	Julia Shearing	Unattached	SL	56 : 00
212	235	Lizzie Hawkes	Unattached	SL	56 : 00
213	69	Katherine Gibbard	Unattached	SL	56 : 07
214	32	Sue Manhood	Unattached	FV35	56 : 14
215	290	Martin Kimm	Unattached	VM50	56 : 28
216	311	Helen Phillips	Unattached	FV45	56 : 35
217	329	Jane Bancroft	Unattached	FV35	56 : 41
218	348	Duncan Wild	Unattached	SM	56 : 56
219	190	Jacqui Jacques	Bearbrook Joggers	FV35	56 : 58
220	351	John Austin	Northampton & Rugby	VM40	57 : 03
221	200	Paul Bursnall	Alchester RC	VM60	57 : 03
222	60	John West	MK Lakeside Runners	VM60	57 : 13
223	42	Nick Shearing	Unattached	SM	57 : 18
224	62	Rita Nel	Unattached	SL	57 : 18
225	177	Chris Thompson	Unattached	VM40	57 : 21
226	178	Julie Vrondis	Unattached	FV35	57 : 21
227	350	Jullian Boulter	Northampton & Rugby	VM40	57 : 25
228	136	Carol Rogers	Unattached	FV45	57 : 26
229	33	Lucy Workman	Unattached	FV35	57 : 46
230	1	Debbie Cox	MK Lakeside Runners	FV45	57 : 50
231	325	Kerry Evans	Unattached	SL	58 : 00
232	66	Kayleigh Stewart	Unattached	SL	58 : 06
233	327	Loi Man	Unattached	SL	58 : 12
234	326	Ling Chang	Unattached	SL	58 : 20
235	296	Caroline Gee	Buckingham and Stowe	FV45	58 : 29
236	57	Amanda Moseley	Unattached	FV35	58 : 34
237	324	Matt Clark	Unattached	SM	58 : 45
238	154	Caroline Braisher	Unattached	FV35	58 : 45
239	337	Mary Russell	Headington Road Runners	FV45	58 : 50
240	12	Vicki Clark	Unattached	SL	58 : 52
241	229	Edward Peacock	Unattached	SM	59 : 08
242	96	Phil Smith	Unattached	SM	59 : 10
243	119	Roger Gascoigne	Eynsham Roadrunners	VM50	59 : 13
244	126	Louisa James	Unattached	SL	59 : 28
245	72	Jemima Peterken	Unattached	SL	59 : 30
246	31	Paul Sage	Unattached	VM40	59 : 33
247	168	Angela Toms	Unattached	FV55	59 : 37
248	258	Jemma Way	Unattached	SL	59 : 43
249	287	Julie Weiskrantz	Eynsham Road Runners	FV35	59 : 50
250	240	Glen Combe	Unattached	SM	60 : 11
251	97	Gary Baldwin	Unattached	VM40	60 : 11
252	309	Angela Halloway	Unattached	FV45	60 : 14

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Position No.	Name	Club/Team	Category	Time	
253	228	Kate Peacock	Unattached	SL	60 : 31
254	304	Sarah Morley	Unattached	SL	60 : 32
255	303	Caroline Wreglesworth	Unattached	FV45	60 : 32
256	248	Andrea Pepper	Unattached	FV35	60 : 37
257	341	Oliver Bain	Unattached	SM	60 : 38
258	338	Barbara Dunsire	Unattached	FV45	60 : 44
259	284	Jon Lambert	Unattached	VM40	60 : 46
260	105	John Murray	Veterans AC	VM60	60 : 50
261	104	Susan Murray	Veterans AC	FV55	60 : 52
262	99	Carol Winter	Unattached	FV35	60 : 52
263	335	James Castelon	Unattached	SM	60 : 54
264	334	Will Coldin	Unattached	VM40	60 : 54
265	293	Lindsey Jojic	Unattached	FV35	60 : 55
266	152	Joan Ryan	Eynsham Roadrunners	FV55	61 : 20
267	109	Jacqueline Woodrow	Unattached	FV45	61 : 30
268	308	Lee Evans	Unattached	SM	61 : 39
269	278	Sarah Davies	Unattached	FV45	61 : 42
270	316	Leah Chadbone	Vale of Aylesbury AC	SL	62 : 00
271	331	Hannah Dawes	Unattached	SL	62 : 06
272	273	Libby Latham	Wotton Road Runners	FV35	62 : 14
273	38	Monique Mithen	Liss Road Runners	FV45	62 : 14
274	48	Shaheen Dent	Running Sisters Gerrards Cross	FV45	62 : 21
275	27	Linda Yueh	Unattached	FV35	62 : 22
276	26	Graeme Chamberlain	Unattached	SM	62 : 22
277	277	Andy Morris	Unattached	SM	62 : 23
278	90	Elizabeth Fleckney	Unattached	SL	62 : 26
279	336	Dawn Bird	Ampthill & Flitwick Flyers	FV45	62 : 48
280	187	John Prosser	Unattached	VM70	62 : 55
281	75	Joanna Bratten	Unattached	SL	63 : 21
282	71	Clare Peterken	Unattached	SL	63 : 21
283	285	Sandra Richardson	Unattached	FV45	63 : 56
284	106	Julie Bowman	Unattached	FV35	64 : 18
285	272	Trudy Rowley	Unattached	FV45	64 : 25
286	135	Sandra Jinks	Eynsham Roadrunners	FV55	64 : 29
287	162	David Rendle	Unattached	SM	64 : 37
288	247	Julie Boyes	Unattached	FV45	64 : 56
289	280	Sue Healey	MK Lakeside Runners	FV45	65 : 04
290	148	Tony Walker	MK Lakeside Runners	VM50	65 : 52
291	130	Elaine Butler	Eynsham Roadrunners	FV35	65 : 53
292	340	Suzie Snelson	Unattached	FV35	66 : 33
293	128	Dieter Sullivan	Silson Joggers	VM50	66 : 59
294	313	Frances Tock	Unattached	SL	67 : 01

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295	314	Kate Ray	Unattached	SL	67 : 01
296	139	Lois O'Reilly	Unattached	FV35	67 : 12
297	170	Melanie Peatfield	Unattached	FV45	67 : 24
298	107	Kirsty Baden	Unattached	SL	67 : 25
299	137	Helen Brooks	Unattached	FV45	67 : 53
300	122	Caroline Miley	Unattached	FV45	68 : 35
301	22	Melissa Goodman	Unattached	SL	70 : 11
302	78	Victoria Kay	Unattached	SL	70 : 37
303	144	Susan Brakels	Unattached	FV45	70 : 44
304	150	Grace Bursac	MK Lakeside Runners	FV55	73 : 09
305	149	Maureen Walker	MK Lakeside Runners	FV55	73 : 11
306	13	Margeret Clark	SCVAC	FV65	85 : 09
307	196	Janice Hemington	Unattached	FV45	85 : 13
308	195	Kelly Davies	Unattached	SL	85 : 17
309	344	Samantha Tymon	Unattached	SL	109 : 14
310	197	Christine Griffiths	Unattached	FV55	109 : 16

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